

## **Energy Express Eisteddfod Solos/Duos/Trios Championships Sections**

### **Solos**

Jazz - 6 Years and Under  
Jazz Specially Restricted - 8 Years and Under  
Jazz Specially Restricted - 10 Years and Under  
Jazz Specially Restricted - 12 Years and Under  
Jazz Specially Restricted - 14 Years and Under  
Jazz Specially Restricted - 16 Years and Under  
Jazz Specially Restricted - Open Age  
Jazz Restricted - 8 Years and Under  
Jazz Restricted - 10 Years and Under  
Jazz Restricted - 12 Years and Under  
Jazz Restricted - 14 Years and Under  
Jazz Restricted - 16 Years and Under  
Jazz Restricted - Open Age  
Jazz - Open - 8 Years and Under  
Jazz - Open - 10 Years and Under  
Jazz - Open - 12 Years and Under  
Jazz - Open - 14 Years and Under  
Jazz - Open - 16 Years and Under  
Jazz - Open - Open Age  
Jazz Improvisation - 6 Years and Under  
Jazz Improvisation - 8 Years and Under  
Jazz Improvisation - 10 Years and Under  
Jazz Improvisation - 12 Years and Under  
Jazz Improvisation - 14 Years and Under  
Jazz Improvisation - 16 Years and Under  
Jazz Improvisation - Open Age  
Classical - 6 Years and Under  
Classical Ballet Specially Restricted - 8 Years and Under  
Classical Ballet Specially Restricted - 10 Years and Under  
Classical Ballet Specially Restricted - 12 Years and Under  
Classical Ballet Specially Restricted - 14 Years and Under  
Classical Ballet Specially Restricted - 16 Years and Under  
Classical Ballet Specially Restricted - Open Age  
Classical Ballet Restricted - 8 Years and Under  
Classical Ballet Restricted - 10 Years and Under  
Classical Ballet Restricted - 12 Years and Under  
Classical Ballet Restricted - 14 Years and Under  
Classical Restricted - 16 Years and Under  
Classical Ballet Restricted - Open Age  
Classical Ballet - Open - 8 Years and Under  
Classical Ballet - Open - 10 Years and Under  
Classical Ballet - Open - 12 Years and Under  
Classical Ballet - Open - 14 Years and Under  
Classical Ballet - Open - 16 Years and Under  
Classical Ballet - Open - Open Age  
Classical Ballet Improvisation - 6 Years and Under  
Classical Ballet Improvisation - 8 Years and Under

Classical Ballet Improvisation - 10 Years and Under  
Classical Ballet Improvisation - 12 Years and Under  
Classical Ballet Improvisation - 14 Years and Under  
Classical Ballet Improvisation - 16 Years and Under  
Classical Ballet Improvisation - Open Age  
Pointe Specially Restricted - 12 Years and Under  
Pointe Specially Restricted - 14 Years and Under  
Pointe Specially Restricted - 16 Years and Under  
Pointe Specially Restricted - Open Age  
Pointe Restricted - 12 Years and Under  
Pointe Restricted - 14 Years and Under  
Pointe Restricted - 16 Years and Under  
Pointe Restricted - Open Age  
Pointe - Open - 12 Years and Under  
Pointe - Open - 14 Years and Under  
Pointe - Open - 16 Years and Under  
Pointe - Open - Open Age  
Contemporary - 6 Years and Under  
Contemporary Specially Restricted - 8 Years and Under  
Contemporary Specially Restricted - 10 Years and Under  
Contemporary Specially Restricted - 12 Years and Under  
Contemporary Specially Restricted - 14 Years and Under  
Contemporary Specially Restricted - 16 Years and Under  
Contemporary Specially Restricted - Open Age  
Contemporary Restricted - 8 Years and Under  
Contemporary Restricted - 10 Years and Under  
Contemporary Restricted - 12 Years and Under  
Contemporary Restricted - 14 Years and Under  
Contemporary Restricted - 16 Years and Under  
Contemporary Restricted - Open Age  
Contemporary - Open - 8 Years and Under  
Contemporary - Open - 10 Years and Under  
Contemporary - Open - 12 Years and Under  
Contemporary - Open - 14 Years and Under  
Contemporary - Open - 16 Years and Under  
Contemporary - Open - Open Age  
Contemporary Improvisation - 6 Years and Under  
Contemporary Improvisation - 8 Years and Under  
Contemporary Improvisation - 10 Years and Under  
Contemporary Improvisation - 12 Years and Under  
Contemporary Improvisation - 14 Years and Under  
Contemporary Improvisation - 16 Years and Under  
Contemporary Improvisation - Open Age  
Modern Lyrical - 6 Years and Under  
Modern Lyrical Specially Restricted - 8 Years and Under  
Modern Lyrical Specially Restricted - 10 Years and Under  
Modern Lyrical Specially Restricted - 12 Years and Under  
Modern Lyrical Specially Restricted - 14 Years and Under  
Modern Lyrical Specially Restricted - 16 Years and Under  
Modern Lyrical Specially Restricted - Open Age  
Modern Lyrical Restricted - 8 Years and Under  
Modern Lyrical Restricted - 10 Years and Under

Modern Lyrical Restricted - 12 Years and Under  
Modern Lyrical Restricted - 14 Years and Under  
Modern Lyrical Restricted - 16 Years and Under  
Modern Lyrical Restricted - Open Age  
Modern Lyrical - Open - 8 Years and Under  
Modern Lyrical - Open - 10 Years and Under  
Modern Lyrical - Open - 12 Years and Under  
Modern Lyrical - Open - 14 Years and Under  
Modern Lyrical - Open - 16 Years and Under  
Modern Lyrical - Open - Open Age  
Tap - 6 Years and Under  
Slow Tap Specially Restricted - 8 Years and Under  
Slow Tap Specially Restricted - 10 Years and Under  
Slow Tap Specially Restricted - 12 Years and Under  
Slow Tap Specially Restricted - 14 Years and Under  
Slow Tap Specially Restricted - 16 Years and Under  
Slow Tap Specially Restricted - Open Age  
Slow Tap Restricted - 8 Years and Under  
Slow Tap Restricted - 10 Years and Under  
Slow Tap Restricted - 12 Years and Under  
Slow Tap Restricted - 14 Years and Under  
Slow Tap Restricted - 16 Years and Under  
Slow Tap Restricted - Open Age  
Slow Tap - Open - 8 Years and Under  
Slow Tap - Open - 10 Years and Under  
Slow Tap - Open - 12 Years and Under  
Slow Tap - Open - 14 Years and Under  
Slow Tap - Open - 16 Years and Under  
Slow Tap - Open - Open Age  
Fast Tap Specially Restricted - 8 Years and Under  
Fast Tap Specially Restricted - 10 Years and Under  
Fast Tap Specially Restricted - 12 Years and Under  
Fast Tap Specially Restricted - 14 Years and Under  
Fast Tap Specially Restricted - 16 Years and Under  
Fast Tap Specially Restricted - Open Age  
Fast Tap Restricted - 8 Years and Under  
Fast Tap Restricted - 10 Years and Under  
Fast Tap Restricted - 12 Years and Under  
Fast Tap Restricted - 14 Years and Under  
Fast Tap Restricted - 16 Years and Under  
Fast Tap Restricted - Open Age  
Fast Tap - Open - 8 Years and Under  
Fast Tap - Open - 10 Years and Under  
Fast Tap - Open - 12 Years and Under  
Fast Tap - Open - 14 Years and Under  
Fast Tap - Open - 16 Years and Under  
Fast Tap - Open - Open Age  
Waltz Tap Specially Restricted - 8 Years and Under  
Waltz Tap Specially Restricted - 10 Years and Under  
Waltz Tap Specially Restricted - 12 Years and Under  
Waltz Tap Specially Restricted - 14 Years and Under  
Waltz Tap Specially Restricted - 16 Years and Under

Waltz Tap Specially Restricted - Open Age  
Waltz Tap Restricted - 8 Years and Under  
Waltz Tap Restricted - 10 Years and Under  
Waltz Tap Restricted - 12 Years and Under  
Waltz Tap Restricted - 14 Years and Under  
Waltz Tap Restricted - 16 Years and Under  
Waltz Tap Restricted - Open Age  
Waltz Tap - Open - 8 Years and Under  
Waltz Tap - Open - 10 Years and Under  
Waltz Tap - Open - 12 Years and Under  
Waltz Tap - Open - 14 Years and Under  
Waltz Tap - Open - 16 Years and Under  
Waltz Tap - Open - Open Age  
Ensemble Tap Specially Restricted - 8 Years and Under  
Ensemble Tap Specially Restricted - 10 Years and Under  
Ensemble Tap Specially Restricted - 12 Years and Under  
Ensemble Tap Specially Restricted - 14 Years and Under  
Ensemble Tap Specially Restricted - 16 Years and Under  
Ensemble Tap Specially Restricted - Open Age  
Ensemble Tap Restricted - 8 Years and Under  
Ensemble Tap Restricted - 10 Years and Under  
Ensemble Tap Restricted - 12 Years and Under  
Ensemble Tap Restricted - 14 Years and Under  
Ensemble Tap Restricted - 16 Years and Under  
Ensemble Tap Restricted - Open Age  
Ensemble Tap - Open - 8 Years and Under  
Ensemble Tap - Open - 10 Years and Under  
Ensemble Tap - Open - 12 Years and Under  
Ensemble Tap - Open - 14 Years and Under  
Ensemble Tap - Open - 16 Years and Under  
Ensemble Tap - Open - Open Age  
Tap Improvisation - 6 Years and Under  
Tap Improvisation - 8 Years and Under  
Tap Improvisation - 10 Years and Under  
Tap Improvisation - 12 Years and Under  
Tap Improvisation - 14 Years and Under  
Tap Improvisation - 16 Years and Under  
Tap Improvisation - Open Age  
Hip Hop - 6 Years and Under  
Hip Hop Specially Restricted - 8 Years and Under  
Hip Hop Specially Restricted - 10 Years and Under  
Hip Hop Specially Restricted - 12 Years and Under  
Hip Hop Specially Restricted - 14 Years and Under  
Hip Hop Specially Restricted - 16 Years and Under  
Hip Hop Specially Restricted - Open Age  
Hip Hop Restricted - 8 Years and Under  
Hip Hop Restricted - 10 Years and Under  
Hip Hop Restricted - 12 Years and Under  
Hip Hop Restricted - 14 Years and Under  
Hip Hop Restricted - 16 Years and Under  
Hip Hop Restricted - Open Age  
Hip Hop - Open - 8 Years and Under

Hip Hop - Open - 10 Years and Under  
Hip Hop - Open - 12 Years and Under  
Hip Hop - Open - 14 Years and Under  
Hip Hop - Open - 16 Years and Under  
Hip Hop - Open - Open Age  
Demi/National Specially Restricted - 8 Years and Under  
Demi/National Specially Restricted - 10 Years and Under  
Demi/National Specially Restricted - 12 Years and Under  
Demi/National Specially Restricted - 14 Years and Under  
Demi/National Specially Restricted - 16 Years and Under  
Demi/National Specially Restricted - Open Age  
Demi/National Restricted - 8 Years and Under  
Demi/National Restricted - 10 Years and Under  
Demi/National Restricted - 12 Years and Under  
Demi/National Restricted - 14 Years and Under  
Demi/National Restricted - 16 Years and Under  
Demi/National Restricted - Open Age  
Demi/National - Open - 8 Years and Under  
Demi/National - Open - 10 Years and Under  
Demi/National - Open - 12 Years and Under  
Demi/National - Open - 14 Years and Under  
Demi/National - Open - 16 Years and Under  
Demi/National - Open - Open Age  
Student Choreography (any style) - 8 Years and Under  
Student Choreography (any style) - 10 Years and Under  
Student Choreography (any style) - 12 Years and Under  
Student Choreography (any style) - 14 Years and Under  
Student Choreography (any style) - 16 Years and Under  
Student Choreography (any style) - Open Age  
Cabaret/Broadway/Musical - 6 Years and Under  
Cabaret/Broadway/Musical Specially Restricted - 8 Years and Under  
Cabaret/Broadway/Musical Specially Restricted - 10 Years and Under  
Cabaret/Broadway/Musical Specially Restricted - 12 Years and Under  
Cabaret/Broadway/Musical Specially Restricted - 14 Years and Under  
Cabaret/Broadway/Musical Specially Restricted - 16 Years and Under  
Cabaret/Broadway/Musical Specially Restricted - Open Age  
Cabaret/Broadway/Musical Restricted - 8 Years and Under  
Cabaret/Broadway/Musical Restricted - 10 Years and Under  
Cabaret/Broadway/Musical Restricted - 12 Years and Under  
Cabaret/Broadway/Musical Restricted - 14 Years and Under  
Cabaret/Broadway/Musical Restricted - 16 Years and Under  
Cabaret/Broadway/Musical Restricted - Open Age  
Cabaret/Broadway/Musical - Open - 8 Years and Under  
Cabaret/Broadway/Musical - Open - 10 Years and Under  
Cabaret/Broadway/Musical - Open - 12 Years and Under  
Cabaret/Broadway/Musical - Open - 14 Years and Under  
Cabaret/Broadway/Musical - Open - 16 Years and Under  
Cabaret/Broadway/Musical - Open - Open Age  
Song & Soft/Hard Shoe Specially Restricted - 8 Years and Under  
Song & Soft/Hard Shoe Specially Restricted - 10 Years and Under  
Song & Soft/Hard Shoe Specially Restricted - 12 Years and Under  
Song & Soft/Hard Shoe Specially Restricted - 14 Years and Under

Song & Soft/Hard Shoe Specially Restricted - 16 Years and Under  
Song & Soft/Hard Shoe Specially Restricted - Open Age  
Song & Soft/Hard Shoe Restricted - 8 Years and Under  
Song & Soft/Hard Shoe Restricted - 10 Years and Under  
Song & Soft/Hard Shoe Restricted - 12 Years and Under  
Song & Soft/Hard Shoe Restricted - 14 Years and Under  
Song & Soft/Hard Shoe Restricted - 16 Years and Under  
Song & Soft/Hard Shoe Restricted - Open Age  
Song & Soft/Hard Shoe - Open - 8 Years and Under  
Song & Soft/Hard Shoe - Open - 10 Years and Under  
Song & Soft/Hard Shoe - Open - 12 Years and Under  
Song & Soft/Hard Shoe - Open - 14 Years and Under  
Song & Soft/Hard Shoe - Open - 16 Years and Under  
Song & Soft/Hard Shoe - Open - Open Age  
Vocal Song - 8 Years and Under  
Vocal Song - 10 Years and Under  
Vocal Song - 12 Years and Under  
Vocal Song - 14 Years and Under  
Vocal Song - 16 Years and Under  
Vocal Song - Open Age  
Acrobatics - 8 Years and Under  
Acrobatics - 10 Years and Under  
Acrobatics - 12 Years and Under  
Acrobatics - 14 Years and Under  
Acrobatics - 16 Years and Under  
Acrobatics - Open Age  
Cheerleading - 8 Years and Under  
Cheerleading - 10 Years and Under  
Cheerleading - 12 Years and Under  
Cheerleading - 14 Years and Under  
Cheerleading - 16 Years and Under  
Cheerleading - Open Age

### **Duos/Trios/Quads**

Jazz - 6 Years and Under  
Jazz - 8 Years and Under  
Jazz - 10 Years and Under  
Jazz - 12 Years and Under  
Jazz - 14 Years and Under  
Jazz - 16 Years and Under  
Jazz - Open Age  
Classical - 6 Years and Under  
Classical - 8 Years and Under  
Classical - 10 Years and Under  
Classical - 12 Years and Under  
Classical - 14 Years and Under  
Classical - 16 Years and Under  
Classical - Open Age  
Pointe - 12 Years and Under  
Pointe - 14 Years and Under

Pointe - 16 Years and Under  
Pointe - Open Age  
Contemporary - 6 Years and Under  
Contemporary - 8 Years and Under  
Contemporary - 10 Years and Under  
Contemporary - 12 Years and Under  
Contemporary - 14 Years and Under  
Contemporary - 16 Years and Under  
Contemporary - Open Age  
Modern Lyrical - 6 Years and Under  
Modern Lyrical - 8 Years and Under  
Modern Lyrical - 10 Years and Under  
Modern Lyrical - 12 Years and Under  
Modern Lyrical - 14 Years and Under  
Modern Lyrical - 16 Years and Under  
Modern Lyrical - Open Age  
Tap - 6 Years and Under  
Tap - 8 Years and Under  
Tap - 10 Years and Under  
Tap - 12 Years and Under  
Tap - 14 Years and Under  
Tap - 16 Years and Under  
Tap - Open Age  
Hip Hop - 6 Years and Under  
Hip Hop - 8 Years and Under  
Hip Hop - 10 Years and Under  
Hip Hop - 12 Years and Under  
Hip Hop - 14 Years and Under  
Hip Hop - 16 Years and Under  
Hip Hop - Open Age  
Demi/National - 8 Years and Under  
Demi/National - 10 Years and Under  
Demi/National - 12 Years and Under  
Demi/National - 14 Years and Under  
Demi/National - 16 Years and Under  
Demi/National - Open Age  
Cabaret/Broadway/Musical - 6 Years and Under  
Cabaret/Broadway/Musical - 8 Years and Under  
Cabaret/Broadway/Musical - 10 Years and Under  
Cabaret/Broadway/Musical - 12 Years and Under  
Cabaret/Broadway/Musical - 14 Years and Under  
Cabaret/Broadway/Musical - 16 Years and Under  
Cabaret/Broadway/Musical - Open Age  
Song & Soft/Hard Shoe - 8 Years and Under  
Song & Soft/Hard Shoe - 10 Years and Under  
Song & Soft/Hard Shoe - 12 Years and Under  
Song & Soft/Hard Shoe - 14 Years and Under  
Song & Soft/Hard Shoe - 16 Years and Under  
Song & Soft/Hard Shoe - Open Age  
Vocal Song - 8 Years and Under  
Vocal Song - 10 Years and Under  
Vocal Song - 12 Years and Under

Vocal Song - 14 Years and Under  
Vocal Song - 16 Years and Under  
Vocal Song - Open Age  
Acrobatics - 8 Years and Under  
Acrobatics - 10 Years and Under  
Acrobatics - 12 Years and Under  
Acrobatics - 14 Years and Under  
Acrobatics - 16 Years and Under  
Acrobatics - Open Age  
Cheerleading - 8 Years and Under  
Cheerleading - 10 Years and Under  
Cheerleading - 12 Years and Under  
Cheerleading - 14 Years and Under  
Cheerleading - 16 Years and Under  
Cheerleading - Open Age

### **Championships**

Jazz Championships - 2 Open Routines of Different Style (see Rules) - Juniors 6 & 8 yrs  
Jazz Championships - 2 Open Routines of Different Style (see Rules) - Intermediate 10 -12 yrs  
Jazz Championships - 2 Open Routines of Different Style (see Rules) - Senior 14 yrs - Open  
Tap Championships - 2 Open Tap Routines of any Style (see Rules) - Juniors 6 & 8 yrs  
Tap Championships - 2 Open Tap Routines of any Style (see Rules) - Intermediate 10 -12 yrs  
Tap Championships - 2 Open Tap Routines of any Style (see Rules) - Senior 14 yrs - Open  
Ballet Championships - 1 Classical & 1 Demi or National Character (see Rules) - Juniors 6 & 8 yrs  
Ballet Championships - 1 Classical & 1 Demi or National Character (see Rules) - Intermediate 10 -12 yrs  
Ballet Championships - 1 Classical & 1 Demi or National Character (see Rules) - Senior 14 yrs - Open