



**ENERGY  
EXPRESS**  
EISTEDDFOD  
BE IN IT TO WIN IT

THE HILLS HIGH  
SCHOOL

11 OCTOBER  
- 1 NOVEMBER

26 & 27 OCTOBER  
TROUPES

**2024**      studiosd@gmail.com 0419 410 920  
www.comps-online.com.au

**Seven Hills High School, 49 Johnson Rd Seven Hills**  
Fri 11<sup>th</sup> Oct – Tap Night, Sun 13<sup>th</sup> Oct – U10,  
Fri 18<sup>th</sup> Oct – Ballet Evening, Sat 19<sup>th</sup> Oct – Babies & Juniors,  
Sun 20<sup>th</sup> Oct – U12, Friday 25<sup>th</sup> Oct – Vocal & Duo/Trio all ages,  
Fri 1<sup>st</sup> Nov - Seniors

- \* Official film company – Magic Focus Media
- \* Adjudicators:- Many, Varied & Fabulous!!!!

Contact Miss Rachael - 0419 410 920 or Email – [studiorsd@gmail.com](mailto:studiorsd@gmail.com)  
**Entries close 1<sup>st</sup> Oct 2024**

All 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Place getters in Solo/Duo/Trio sections (SR, Rest, OPEN) shall receive specialty EEE 'Olympic Style' logo Bronze, Silver & Gold Medals.  
Ribbons will be awarded for Highly Commended. New awards include adjudicators choice, best costume, highest score & Achievement ribbons.  
Championship sections shall all receive Special Championship Certificates & Trophies.  
(Additional Medal purchases \$8)

**Venue – Seven Hills High School** has a traditional wood floor & the stage is wooden. This venue DOES NOT have tarket. EEE will provide resin for dancers. The stage dimensions are 8m x 9m. There are Male & female toilets in the foyer. Toilets CAN NOT be used for changing. Seven Hills High School has an under stage dressingroom for dancers to change. There is also a sink, mirrors, stage access. All dancers MUST come dressed with hair & make up done to ensure a quick running event.

**Galston Community Centre** has a wooden stage. This venue DOES NOT have tarket. EEE will provide resin for dancers. The stage is 8m length x 4.5m depth. Stage entry is via the storage room & up 6x stairs. The dressing room is via the entry door in the meeting room. For quick changes, we are able to use the large commercial closed off kitchen. Both Male & Female toilets are via the hallway at Galston. All dancers MUST come dressed with hair & make-up done to ensure a quick running event.

### **Championships**

Those entered in Championships, will only perform their new non repeat dance in the Championship sections & all other routines that Championship dancers are entered in at EEE will be included in results. Adjudicators are aware of the dancers who have entered Championships at EEE as it is noted on their spreadsheet.

### **Improvisations**

Improvisation dancers will receive notification via email by 5pm on Friday for their Improvisation song. Please listen to the song choice prior to competition day & be prepared as dancers will NOT re-listen to the song on competition day. Improvisation is 1min and will be any part of the song. There is no costume mark for Impro, so dancers can wear a leotard, crop top, shorts etc.

### **Competition**

A competition is a situation in which two or more people or groups are trying to get something which not everyone can have. A competition is more than just one person, its 2 or more. A competition is an activity or condition of striving to gain or win something by defeating or establishing superiority over others. Please understand that EEE is running a competition, hence why there are combined variety sections in the program. This is to ensure that dancers are competing against another person in a competition environment.

### **Presentations**

Miss Rachael will constantly announce results throughout the event & there are EEE 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> & HC Banners at the venues, where dancers can take photos. If time permits in the schedule, EEE will announce Junior results onstage as a big presentation. Please tag EEE on your socials @energyexpresseisteddfod.

### **EEE Sydney Titles**

Those dancers who reach a top score of over 90% will be invited to EEE Sydney Titles to re-compete for EEE Overall Title Championships in their preferred style. This event will take place in February 2025.



**VIDEOGRAPHY**  
**Magic Focus Media**  
is your official videography provider for this event  
ALL ROUTINES ARE RECORDED!  
Orders are processed via the website  
[www.magicfocusmedia.com.au](http://www.magicfocusmedia.com.au)



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