



**ENERGY  
EXPRESS**  
EISTEDDFOD  
BE IN IT TO WIN IT

**THE HILLS HIGH  
SCHOOL**

**11 OCTOBER  
- 1 NOVEMBER**

**26 & 27 OCTOBER**  
TROUPES

**2024**    [studiorsd@gmail.com](mailto:studiorsd@gmail.com) 0419 410 920  
[www.comps-online.com.au](http://www.comps-online.com.au)

## **Seven Hills High School**

**49 Johnson St Seven Hills**

**SATURDAY 25<sup>th</sup> Oct**

**\* Official film company – Magic Focus Media**

**\* Petes Mobile Coffees, Cool Bananas Acai Bowl, Sydney Food Vans  
& Veg4Love Asian delights**

**\* Adjudicator:- TBC**

**Contact Miss Rachael - 0419 410 920 or Email – [studiorsd@gmail.com](mailto:studiorsd@gmail.com)**

**Entries close 6<sup>th</sup> Oct 2025**

For best contact, please email [studiorsd@gmail.com](mailto:studiorsd@gmail.com) Unfortunately, Im unable to answer calls during the day as Im either teaching classes or as I live in the country, I do not have phone reception.  
Ta Miss Rach

## PRIZES -

1st, 2nd & 3rd Place Trophies as well as ribbons for performers. HC ribbons (Additional Trophy purchases \$15 & additional Medal purchases \$8)

## 2025 Spectator Admission Costs – CASH:–

Adults \$20 per day & Children U/10 \$10 per day (higher fees for credit/direct deposit/Eftpos)  
2x FREE Teacher Passes/day (Studio directors/Principals)

**Please note – EEE entry fee includes filming of each routine which will be emailed to studios after the competition.**

**Venue – Seven Hills High School** has a traditional wood floor & the stage is wooden. This venue DOES NOT have tarket. EEE will provide resin for dancers. The stage dimensions are 8m x 9m. There are Male & female toilets in the foyer. Toilets CAN NOT be used for changing. Seven Hills High School has an under stage dressingroom for dancers to change. There is also a sink, mirrors, stage access. All dancers MUST come dressed with hair & make up done to ensure a quick running event. EEE will also have access to the toilet block across the pval at Seven Hills High School. Its is suggested that studios also bring tents to put up & change in the quad as this is closer to the hall than the toilet block.

## Competition

A competition is a situation in which two or more people or groups are trying to get something which not everyone can have. A competition is more than just one person, its 2 or more. A competition is an activity or condition of striving to gain or win something by defeating or establishing superiority over others. Please understand that EEE is running a competition, hence why there are combined variety sections in the program. This is to ensure that dancers are competing against another person in a competition environment.

## Presentations

Miss Rachael will constantly announce results throughout the event & there are EEE 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> & HC Banners at the venues, where dancers can take photos. If time permits in the schedule, EEE will announce section results with all dancers onstage as a big presentation Please tag EEE on your socials @energyexpresseisteddfod.

