



Fri 10th Oct – 16 Yrs & Open Age Solos

Sat 11th Oct – Babies & Junior Solos

Sun 12th Oct – 12 Yrs Solos

Fri 17th Oct – Tap Night

Sat 18th Oct – Ballet ONLY Day

Sun 19th Oct – 10 Yrs Solos

Fri 24th Oct – All ages Vocal & All ages Duo/Trio

Sun 26th Oct – 14 Yrs Solos

*** Official film company – Magic Focus Media**

*** Petes Mobile Coffees ***

Dynasty Diamonties

*** Adjudicators:- TBC BUT 'Young, Fresh & Fabulous'**

Contact Miss Rachael - 0419 410 920 or Email – studiorsd@gmail.com

Entries close 1st Oct 2025

All 1st, 2nd & 3rd Place getters in Solo/Duo/Trio sections (SR, Rest, OPEN) shall receive specialty EEE 'Olympic Style' logo Bronze, Silver & Gold Medals.

Ribbons will be awarded for Highly Commended & Achievement Awards.

Championship sections shall all receive Special Championship Certificates & Trophies.

Improvisations Sections receive ribbons.

Adjudicators Choice, Best Costume & Highest Score certificates & prizes.

Venue – Seven Hills High School has a traditional wood floor & the stage is wooden. This venue DOES NOT have tarket. EEE will provide resin for dancers. The stage dimensions are 8m x 9m. There are Male & female toilets in the foyer. Toilets CAN NOT be used for changing. Seven Hills High School has an under stage dressingroom for dancers to change. There is also a sink, mirrors, stage access. All dancers MUST come dressed with hair & make up done to ensure a quick running event.

Speciality Style Nights

Tap Night, Ballet Day, all ages Vocal & Duo/Trio Night is only \$5 per spectator for entry. These speciality style nights are discounted entry as performers & parents will be attending the EEE event more than their allocated age group day. On these speciality style nights, EEE will have adjudicators whose area of expertise is the genre that they are judging.

Championships

Those entered in Championships, will only perform their new non repeat dance in the Championship sections & all other routines that Championship dancers are entered in at EEE will be included in results. Adjudicators are aware of the dancers who have entered Championships at EEE as its is noted on their spreadsheet.

Improvisations

Improvisation dancers will receive notification via email by 5pm on Friday for their Improvisation song. Please listen to the song choice prior to competition day & be prepared as dancers will NOT re-listen to the song on competition day. Improvisation is 1min and will be any part of the song. Dancers do not need a costume for Impro.

Competition

A competition is a situation in which two or more people or groups are trying to get something which not everyone can have. A competition is more than just one person, its 2 or more. A competition is an activity or condition of striving to gain or win something by defeating or establishing superiority over others. Please understand that EEE is running a competition, hence why there are combined variety sections in the program. This is to ensure that dancers are competing against another person in a competition environment.

Presentations

Miss Rachael will constantly announce results throughout the event & there are EEE 1st, 2nd, 3rd & HC Banners at the venues, where dancers can take photos. If time permits in the schedule, EEE will announce Junior results onstage as a big presentation. Please tag EEE on your socials @energyexpresseisteddfod.

EEE Sydney Titles

Those dancers who reach a top score of over 90% will be invited to EEE Sydney Titles to re-compete for EEE Overall Title Championships in their preferred style. This event will take place in February 2026.

