



ENERGY EXPRESS
EISTEDDFOD
BE IN IT TO WIN IT

DURAL COUNTRY CLUB

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www.comps-online.com.au

Dural Club

662A Old Northern Rd, Dural

Sunday 28th June 2026

(10am – 8pm max 180 routines)

*** Official film company – Magic Focus Media**

*** Adjudicators:- TBC BUT ‘Young, Fresh & Fabulous’**

Contact Miss Rachael - 0419 410 920 or Email – studiorsd@gmail.com

Entries close 10th June 2026

All 1st, 2nd & 3rd Place getters in Solo/Duo/Trio sections (SR, Rest, OPEN) shall receive specialty EEE ‘Olympic Style’ logo Bronze, Silver & Gold Medals.

Ribbons will be awarded for Highly Commended & Achievement Awards

Championship sections shall all receive Special Championship Trophies & Prizes.

Improvisations Sections receive ribbons. Adjudicators Choice, Best Costume, Musicality, Choreography & Most Entertaining certificates & prizes. (Additional Medal purchases \$8)

Venue – Dural Club

Dural Club has a wooden dance floor & its 8m x 6.5m. There is a stage but it's quite small so we do not use it. EEE will provide rosin. This venue DOES NOT have Tarkett. Both male & female toilets are in the foyer for spectators and there private bathrooms in the auditorium for dancers to use as change rooms. All dancers MUST come dressed with hair & make up done.

Food & Beverages

Dural Kitchen is the newest edition to Dual Country Club & blends relaxed contemporary style with comforting classics & bold new flavours. Dishes include, pizza, pasta, pub classics & from the grill. Kids meals are \$14 each & come with ice cream & soft drink. Dural Kitchen is open 12pm – 2.30pm & 5pm – 8.30pm. No external food to be consumed in the public areas. Dural Kitchen food can be eaten in the Showroom. Drinks can be purchased from any bar within the club & taken to the Showroom

Championships

Those entered in Championships, will only perform their new non repeat dance in the Championship sections & all other routines that Championship dancers are entered in at EEE will be included in results. Adjudicators are aware of the dancers who have entered Championships at EEE as its is noted on their spreadsheet.

Improvisations

Improvisation dancers will receive notification via email by 5pm on Friday for their Improvisation song. Please listen to the song choice prior to competition day & be prepared as dancers will NOT re-listen to the song on competition day. Improvisation is 1min and will be any part of the song. Dancers do not need a costume for Impro.

Competition

A competition is a situation in which two or more people or groups are trying to get something which not everyone can have. A competition is more than just one person, its 2 or more. A competition is an activity or condition of striving to gain or win something by defeating or establishing superiority over others. Please understand that EEE is running a competition, hence why there are combined variety sections in the program. This is to ensure that dancers are competing against another person in a competition environment.

Presentations

Miss Rachael will constantly announce results throughout the event & there are EEE 1st, 2nd, 3rd & HC Banners at the venues, where dancers can take photos. If time permits in the schedule, EEE will announce Junior results onstage as a big presentation. Please tag EEE on your socials @energyexpresseisteddfod.

EEE Sydney Titles

Those dancers who reach a top score of over 90% will be invited to EEE Sydney Titles to re-compete for EEE Overall Title Championships in their preferred style. This event will take place in February 2027.

