

22ND SEPTEMBER- STUDIO TROUPES
23RD SEPTEMBER - EDUCATIONAL SCHOOLS

Inspire Arts Challenge

PENRITH VALLEY REGIONAL SPORTS CENTRE

- ° SMALL & LARGE TROUPES ° DANCEABILITY
- ° TARKETT FLOORING ° VOICE CRITIQUES & MUSIC UPLOADS
- ° SPONSORED SECTIONS ° ENTER VIA COMPS ON LINE °



inspire
Arts Challenge

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SUPPORTING



sharethedignity

PLEASE NOTE

This Syllabus only has information & rules
pertaining to September Studio Troupe &
Educational Day.

INTEGRAL DETAILS AT A GLANCE

Venue & Dates	<p>Sunday 22nd September – Studio Competition 1 DAY ONLY</p> <p>Monday 23rd September – Educational Schools</p> <p>Penrith Valley Regional Sports Stadium - Herbert St, Cambridge Park</p> <p>Studio Troupes & Educational School Troupes</p>									
Adjudicator/s	TBC									
Entries Open	Entries open for Studio Troupes & Educational Schools – Wednesday 31st January 2024									
Entries Close	September Event – Friday 23 rd August (earlier if needed)									
How To Enter	Comps On Line - https://comps-online.com.au/									
Age Rule	<p>Troupes – Age as of 1st January 2023</p> <p>TROUPES - All dancers must be or under the age as of 1st Jan 2023. In a TROUPE you may have ONLY 2 dancers in 1 (one) age bracket above</p> <p>EDUCATIONAL SCHOOLS – they are in stages. If you have a mix and unsure best to contact Peta on peta@inspiredancefitness.com.au</p>									
Troupe Numbers for Studio Event	<p>Small Troupe – 4 – 11 dancers</p> <p style="text-align: right;">Large Troupe – 12+ dancers</p>									
Entry Fees	<p>Troupes - \$30 each troupe</p> <p>Group Improvisation Events – Gold Coin Donation on the day (Time Permitting)</p>									
Compulsory Program & Admin Fee	<p>\$5 per entry. This will be automatically be added to your invoice.</p> <p>Original programs will be emailed 2-3 weeks before commencement of 2023 INSPIRE ARTS CHALLENGE Events</p> <p>Updated copies will be emailed and notifications and special notes will be posted on FB and Instagram for all to see.</p>									
Door Entry For September Troupe & Education Comp	<table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">Adults (15yrs +)</td> <td style="width: 33%;">\$15 / session</td> <td style="width: 33%;">\$25 / day (2-3 sessions)</td> </tr> <tr> <td>Conc / Child (5-14yrs)</td> <td>\$10 / session</td> <td>\$15 / day (2-3 sessions)</td> </tr> <tr> <td>Non School Age (0-4yrs)</td> <td>FREE</td> <td></td> </tr> </table> <p style="text-align: center; color: red; font-size: 1.2em;">CASH ONLY – Please tell your parents</p> <p>TEACHER ENTRY - Each studio / educational school is permitted 2 teachers FREE ENTRY per session (morning, afternoon, evening). Studio Directors / Teachers will need to inform IAC via studio email of who will be attending so names will be at the door. Appropriate ID may be needed. Teachers will be given a lanyard on arrival.</p>	Adults (15yrs +)	\$15 / session	\$25 / day (2-3 sessions)	Conc / Child (5-14yrs)	\$10 / session	\$15 / day (2-3 sessions)	Non School Age (0-4yrs)	FREE	
Adults (15yrs +)	\$15 / session	\$25 / day (2-3 sessions)								
Conc / Child (5-14yrs)	\$10 / session	\$15 / day (2-3 sessions)								
Non School Age (0-4yrs)	FREE									
Music Uploads & Voice Critiques (there will be videos on the website to show you how to set up your account and upload and transfer music)	<p>Music Uploads Management (www.musicuploads.com.au) is coming to us, we will now be using this service for our competitions. It's contactless, all online, and will help take out the stress of music issues that arise from time to time, Plus they offer Voice critiques and all in one storage location including the option to access the routine videos. As a requirement to enter into the competition you will be required to upload your music via this service," in the given time period" no other options will be given. No CDs ,USB's will be used now as we are using this system totally contactless.</p> <p>Music Uploads offer this service and include features that will handle our music. This is a low cost paid service, (less than the cost of a USB) and includes a full range of benefits for The Dancers, Parents, and Studio owners, and event organisers. You will be required to have a valid "music uploads cloud storage" this will allow you, to</p>									

store your Music, Voice Critiques, and Routine Videos all in one location. Plans are charged at a Minimum of 3 to 12 months starting at less than \$1/month, Plus your music can be transferred to other participating competitions all over Australia without having to re upload your music each time. For different plans please refer to <https://www.musicuploads.com.au/musicuploads/pricing>

Region Add-ons

For each competition that is entered, you will need to add a region to your cloud account. This will link the Music, Critiques and Videos so they can be transferred or viewed from one to the other. The fee for this is per Family, Studio or School is \$2.50, and there is no limit to siblings or students, it will just depend on your selected storage plan.

ENQUIRIES

peta@inspiredancefitness.com.au

0409 399 440

<https://www.facebook.com/InspireDanceFitness>

<https://www.instagram.com/inspiredancefitness>



**EXCITED TO
ANNOUNCE**

THIS YEAR INSPIRE ARTS CHALLENGE
WILL BE SUPPORTING

**share^{the}
dignity**

IT'S IN THE BAG PROGRAM.

FOR MORE INFORMATION ON SHARE THE
DIGNITY HEAD TO
[HTTPS://WWW.SHARETHEDIGNITY.ORG.AU/](https://www.sharethedignity.org.au/)



inspire
Arts Challenge

0409 399 440

peta@inspireartschallenge.com.au

@inspiredancefitness – Insta & FB

Let's Band Together To Help Others

INSPIRE Arts Challenge 2024

is pleased to announce that they are Proudly Supporting



*share*thedignity

\$1 from EVERY act

will be donated to SHARE THE DIGNITY along with

**ALL proceeds from EVENT Raffle,
Self Videography & Photography Fees, Group
Improvisation Gold Coin Entry Fee.**

SOMETHING NEW IN 2024

We will be having a Collection Station where dancers / families / studios can donate to IT'S IN THE BAG program – either donate singular items or create a bag of essentials for Mum, Teen, Child or Bub fleeing DV.

(I will be posting details on Insta on how this will all work)

How Nice Would It Be For Those Less Fortunate to Receive A Bag Of Essentials & A Loving Handwritten Note – this could make their day!

Want to know more about **SHARE THE DIGNITY – IT'S IN THE BAG Program** and the work they do – check out their website <https://www.sharethedignity.org.au/event/itsinthebag23/sponsor-a-bag> or like and follow FB <https://www.facebook.com/sharethedignity> or Insta <https://www.instagram.com/sharethedignityaustralia/>

Constant updates of \$ raised will be made on socials. Direct Deposit will be made to SHARE THE DIGNITY official account at the end of the IAC events along with all the IT'S IN THE BAG Donations. A receipt will be issued and will be presented on Socials.



**SUPPORT
YOUTH ARTS**

**BE AN IAC
SUPPORTER**

**HELP US SUPPORT OUR CHOSEN CHARITY & OFFER
YOUNG ARTISTS WAYS TO GROW & DEVELOP**

**LET US HELP YOU SPREAD THE
WORD ABOUT YOUR BUSINESS / SERVICE**

SEPT 2024

PETA@INSPIREDANCEFITNESS.COM.AU

**PROUDLY
SUPPORTING**



sharethedignity

*Are You An Individual, Studio or Business That
Would Like To Support IAC in 2024?*

All Donations (cash (as little as \$20), goods, services or opportunities) graciously received.

For more Information please email peta@inspiredancefitness.com.au

2024 MOST ENTERTAINING TROUPES

JUNIOR & SENIOR
STUDIO TROUPES & EDUCATIONAL TROUPES

WIN CASH, CERTIFICATE,
PRIZE PACK & TITLE

nspire
Arts Challenge

@c4int1nb

Proudly
Supporting



share the dignity

SYLLABUS & ENTRIES VIA COMPS ONLINE
END OF JAN 2024

MORE INFO

PETA@INSPIREDANCEFITNESS.COM.AU

All entered acts are eligible to win!

RULES & CONDITIONS

AGE - Troupes – Age as of 1st January 2023

All dancers under the age as of 1st Jan 2023

In a TROUPE you may have ONLY 2 dancers in 1 age bracket above

Please note Proof of ID (birth certificate) may be requested if there is a query / protest

Educational Schools – based in Stages. Should you have mixed stages and unsure where they should go please message me.

CLOSING DATE - Friday 23rd August 2024

Entries may close early dependant on entries. Notification of early close will be made on Inspire Dance & Fitness Facebook page and Instagram along with other Facebook Competition pages so please follow our socials @inspiredancefitness

LATE ENTRIES - Late Entries may (not guaranteed) be accepted and will incur an **extra \$10 flat rate**. Late Entries may be required to dance first. Notification will be made through email and social media if some space available.

ALL ENTRIES TO BE MADE Online – www.compsonline.com.au

Secure Payments online via PayPal & CreditCard Options

INSPIRE Arts Challenge respects the privacy of all our users and we are committed to safeguarding the personal information which you provide us. To protect your privacy, we only collect information necessary to process your registration and purchases.

After you complete your online registration, you will receive an email confirmation from us containing your entry details. We are not responsible for incorrect entries. Once entries have been accepted, no refunds will be given unless the section is cancelled.

MEDIA RELEASE – When you enter INSPIRE Arts Challenge you give consent for **INSPIRE Dance & Fitness / INSPIRE Arts Challenge** and affiliated IAC Supporters to use and retain the name & image of your child / students for the purposes of public relations, media & promotion in print or through the INSPIRE Dance & Fitness / INSPIRE Arts Challenge Facebook, Instagram page & website. This consent would remain in place for 5 years unless you advise otherwise. If you have any questions or concerns regarding this please do not hesitate to contact peta@inspiredancefitness.com.au

GENRE DESCRIPTIONS / DEFINITIONS –

Ballet – may include Romantic Ballet, Classical Ballet, Neoclassical Ballet and can utilise non-traditional music as long as the technique and foundation remains true to style.

Tap – tap styles have been combined for Troupes Slow / Waltz Tap & Straight / Fast Tap for Solos

Jazz / Hip Hop (Babies, 6/u) – This style can include straight jazz or a combination of traditional jazz basics fused with JFH/HipHop

Jazz – Straight jazz styles.

Hip Hop – JFH and street styles which can include a fusion of sub genres such as pop'n'lock, breakdance, whacking, voguing, dancehall etc

Lyrical – is commonly (but not necessary) performed to music with lyrics and movements are inspired by lyrics to express strong emotions or a story the choreographer/performer feels from the lyrics in the chosen song.

Contemporary – contemporary dance tends to combine the strong and controlled legwork of ballet with modern dance's stress on the torso, and also employs abstraction, contract-release, floor work, fall and recovery, and improvisation characteristic of modern dance. Unpredictable changes in rhythm, speed, and direction are often used, as well. It sometimes also incorporates elements of non-western dance cultures.

Musical Theatre – must be performed to a piece of music from a musical and preferable (but not essential) to encompass dance style from musical. Can include live vocals, mime or simply dance.

Variety – this section is open to all styles / genres and acts that do not typically fit into one of the IAC categories. I.e demi character, acrobatics, cheer, pom, circus skills, contortion, musicians, comedy, cultural dance, ballroom dance, vocalist with backing dancers, vocalist/musician etc. The sky is the limit – as long as it is entertaining and age appropriate.

DanceAbility – 2024 will be the 2nd year we are inviting DanceAbility Groups to perform. All performers in DanceAbility sections will receive a Participation Pin. This section is created for students who may have physical or mental disabilities. Helpers / carers are welcome to perform with their group. This is about PERFORMANCE & INCLUSION rather than COMPETITION.

Group Improvisation – dancers all hit the floor at once or in groups (dependant on entries). Various genres. Gold Coin Donation made on the day. Will run time permitting. Money raised will go to SHARE THE DIGNITY.

PRIZES (at adjudicators discretion)

ALL Troupe Studios & Educational Schools will receive Certificate of Participation and Studio Director/s / School Teachers will receive an IAC Pin

Troupes – 1st, 2nd, 3rd trophies for Studio / Schools (dependant on entries) + Highly Commended certificates + Performer Place IAC Pins + some sections may have Supporter prizes

Other prizes (vouchers, products, experiences etc) may arise with sponsorship and donations. These will be notified via Facebook & Instagram and will be in the program- so stay tuned.

SPECIALS AWARDS FOR SEPTEMBER TROUPE EVENT

Most Entertaining Troupe – Junior & Senior - all entered troupes will be in the running to be the Adjudicators Most Entertaining Troupe. Win Cash, Certificate, Prize Pack & Title.

Most Entertaining Educational Troupe – Primary & Senior - all entered troupes will be in the running to be the Adjudicators Most Entertaining Troupe. Win Cash, Certificate, Prize Pack & Title.

OTHER AWARDS MAY ARISE AND WILL BE PROMOTED

TIME LIMITS - Troupes 5 mins max. Including reprise

NOTE: Reprise is not essential

Should a performer go over time by more than 10 seconds a deduction of 4 points will occur.

Music / Act will be timed from 1st movement / 1st sound to last movement / last sound

PROMPTING - No prompting from side stage or in the audience is permitted for competitors 7 years + – this can lead to disqualification.

Babies (3&4yrs) & 6/u may have prompting – prefer to be done from the mid/back of the hall (preferable centred behind adjudicator is fine). The reason for avoiding side stage prompting is to avoid young dancers performing with their head turned the entire time – we want to see their beautiful faces!

PROPS - If reasonable to do so competitors should set up and remove their own props

Props are not to be stored in the dressing room or main performance space throughout the day. They can be placed backstage / behind the backdrop throughout the day. (Troupes) TROUPE Weekend – please see sound desk if you need storage

for large props and we will direct you

No flammables or live flames are to be used

No use of live animals

If you use petals, snow flakes, glitter, paper, loose feathers etc and it makes a mess of the stage please notify backstage manager as you may dance last. You MUST clean quickly and immediately after your act.

If a prop is thrown from the stage/performance space into the audience and is deemed a hazard / dangerous this may lead to disqualification ie a ball being thrown into audience could cause injury

All free standing props must have protective caps on the legs / base to prevent damage to the floors.

Any props causing damage to the floor may incur penalty - if they are at risk of causing damage they may not be able to be used.

TAP SHOES - Please avoid wearing tap shoes throughout the entire venue & the hall (request of venues and courtesy to other patrons)

TROUPE WEEKEND at Penrith Valley Regional Sports Stadium – as we need to protect the stadium floor entrance / exit will be along a runner from the tunnel. DO NOT WALK ON THE STADIUM FLOOR AT ANY TIME with Tap shoes.

A map will be included in program

ARRIVAL - Competitors are encouraged to arrive at least an hour before to ensure adequate warm-up, set up etc and also in case we are running early. We will endeavour to have constant Facebook updates to keep competitors up to date with the days running so please ensure you LIKE and FOLLOW <https://www.facebook.com/InspireDanceFitness> and Instagram <https://www.instagram.com/inspiredancefitness/>

PROTESTS will only be accepted in writing, accompanied with a \$10 fee within 10 minutes of the completion of the section. The protest must be handed in to an Inspire Arts Challenge Official Representative who will make contact with convenor and Adjudicator.

ADJUDICATORS should not be approached by a teacher, performer or parent whilst they are at the desk. This can lead to disqualification of associated competitor/s. Any correspondence should be made through an Inspire Arts Challenge Official Representative.

If **insufficient numbers**, the committee reserves the right to amend or combine sections at their discretion. Refunds will be made if sections are cancelled.

All competitors and spectators enter at their own risk. No responsibility will be taken for any accident, injury or loss of property. This also applies to cars parked in the venue grounds.

REFUNDS - Once entries are accepted there will be no refunds unless the section is cancelled. You may transfer entries to other INSPIRE events / initiatives.

Competitors can not dance **out of section** unless they dance for **REPORT ONLY**.

SMOKING & VAPING – Smoking & vaping is prohibited inside and on venue grounds – therefore you MUST EXIT the venue gate in order to smoke / vape. This is a rule and regulation from the venue. Failure to abide by this rule may lead to disqualification of associated competitor/s and / or if caught by venue security / representative it can incur a direct fine.

DONATIONS & SPONSORSHIP – If any individuals, studios or businesses would like to support INSPIRE ARTS CHALLENGE we would appreciate your support as would our young artists and our chosen charity – **SHARE THE DIGNITY**

- Advertising in program and updated syllabus, FB & Insta shout outs, website links, digital signage and announcements throughout comp
- Donate cash (as little as \$20), services, opportunities, experiences or tangible prizes
- Pop up stores
- Donation of prizes for Raffle to help support **SHARE THE DIGNITY**
- Advertising / Product Placement in teacher Goody Bags and on advertising table

You may nominate a section that you wish to support or leave it open to IAC to nominate. Acknowledgement and advertising support can be made throughout the lead up to the competition through FB, Insta and website, programme acknowledgement, verbal acknowledgement throughout the competition and placement of advertising materials throughout the competition. Please contact peta@inspiredancefitness.com.au for more information on how you can be involved and make a difference.

POP UP STORES – If any individuals or businesses that are dance / performing arts / child friendly related (no studios) would like to have a Pop Up Store at INSPIRE ARTS CHALLENGE (Troupes or Solos) please contact peta@inspiredancefitness.com.au for more information.

VOLUNTEERING – IAC relies on the kindness and generosity of people donating time to create a well run event. If you are able to offer some time we would love to hear from you. If you are a Year 11 or 12 VET Entertainment student I can sign off on some hours. If you are a senior student who loves getting involved we would love to have you. If you are a parent or teacher and would like to help out – WE WELCOME YOU ALL WITH OPEN ARMS. Contact peta@inspiredancefitness.com.au for more information. We have a job for everyone!

DVD / VIDEO / PHOTOGRAPHY– In order to raise more funds for SHARE THE DIGNITY we are allowing representatives from the studio to take photos and video **THEIR ACTS ONLY** for a **GOLD COIN (Minimum) DONATION FOR EACH ACT / PERSON RECORDING.** (If you have 5 representatives recording all 5 should be donating) These representatives must be standing in the designated spot and no way encroach on Adjudicator. There is to be **NO OTHER personal Photography OR Videography of performers on stage** by people from the audience. Failure to comply to these rules may lead to disqualification of associated competitor/s. We would love if you could share your favourite images with us by emailing,

DM'ing or posting and tagging us. This would be really appreciated.

A **photo opportunity media wall** will be made available for all students / parents and teachers to have their photos taken with their awards and friends. Do not forget to tag us in your shots so we can share #InspireDanceFitness #2024IAC #InspireArtsChallenge and don't forget to tag any Supporters that you may have won a prize from.

CANTEEN – A fully stocked canteen will be available for performers & patrons from the start of the day to 1-2hrs before completion of the day or as they feel needed.



MUSIC - Music Uploads Management is coming to us, we will now be using this service for our competitions. It's contactless, all online, and will help

take out the stress of music issues that arise from time to time, Plus they offer Voice critiques and all in one storage location including the option to access the routine videos. As a requirement to enter into the competition you will be required to upload your music via this service," in the given time period" no other options will be given. No CDs ,USB's will be used now as we are using this system totally contactless.

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Region Add-ons

For each competition that is entered, you will need to add a region to your cloud account. This will link the Music, Critiques and Videos so they can be transferred or viewed from one to the other. The fee for this is per Family, Studio or School is \$2.50, and there is no limit to siblings or students, it will just depend on your selected storage plan.

How it works

- If you have already uploaded your music to this service before, you can simply purchase the region add-on, and transfer your music over to us.
- If you are new to this, you need to set up the cloud storage account first and confirm it is active.
- Upload your Music into the Storage Folder in your account.

- Transfer a copy of the songs to the Region, you can check them to make sure they are all correct.
- Done! No need to stress about your music now, as you now can see the music is 100% ready to go.

Just Remember, It is the responsibility of the competitors to ensure that they have the correct music files uploaded to each routine. You can change your music files at any time before the cutoff dates, and this is all done within your Music Uploads account, you have full control over this from now.

Critiques and Videos

Critiques will be uploaded either on the day or after the event has finished. To access these, log into your Music Uploads account and on the main dashboard page look to the top Left of the screen or on a mobile device click on the Menu list. If the onsite video company is collaborating with Music Uploads they will deliver your videos directly into your storage account.

Support

If you would like some support there are videos located on the support page or you can send a ticket in, and one of the team members will respond to you. DO NOT Post on Social Media, Text or Message any questions to these pages, as the support team will not see them You must send a ticket from the support page so they can offer you some assistance.

From the Team at Music Uploads
www.musicuploads.com.au



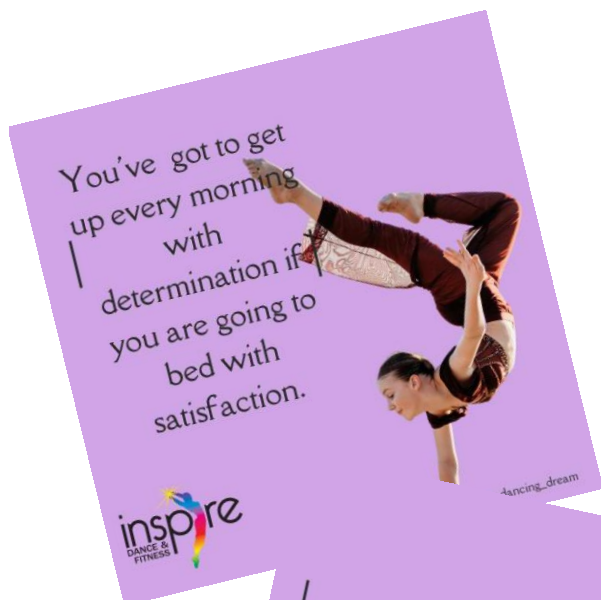
BE FEATURED!

Adjudicator, Peta Markham-Ward has started a series of Motivational Moments & Adjudicator Tips for young performers, parents and teachers.

If you would like to be featured please send your images to

peta@inspiredancefitness.com.au along with relevant insta handles.

Spread the Love! Encourage students to follow – (NOTE: I am not a dance studio)



SECTIONS AT SEPTEMBER TROUPE & EDUCATIONAL EVENT

Troupes (Small 4-11 & Large 12+)	Ballet (Babies,6,8,10,12,14,15+)	Tap (Babies,6,8,10,12,14,15+)	Jazz (Babies,6,8,10,12,14,15+) NOTE: Jazz/Hip Hop combined for Babies & 6	JFH/HipHop (8,10,12,14,15+) NOTE: Jazz/Hip Hop combined for Babies & 6
	Lyrical (Babies & 6 – Lyr/Cont, 8,10,12,14,15+)	Contemporary (8,10,12,14,15+) Babies & 6 – Lyr/Cont	Musical Theatre (8, 10,12,14,15+)	Variety (8,10,12,14,15+) Can include Demi, Song & Dance, Cheer, Pom, Cultural, Ballroom, Circus, Acro, Any other dance styles
	DanceAbility One General Age			
Educational Schools TROUPES	Primary K-2 (Early Stage 1 & Stage 1) Any style	Primary 3-4 (Stage 2) Jazz/HipHop Lyrical/Contemporary	Primary 5-6 (Stage 3) Jazz / Hip Hop Lyrical / Contemporary	
	Secondary 7-8 (Stage 4) Jazz Hip Hop Lyrical/Contemporary	Secondary 9-10 (Stage 5) Jazz Hip Hop Lyrical/Contemporary	Secondary 11-12 (Stage 6) Jazz Hip Hop Lyrical/Contemporary	
Educational Schools SOLOS	Improvisation All On The Floor Gold Coin Donation on the Day to support SHARE THE DIGNITY (run time permitting)			

- STUDIO TROUPES - Please note competitor numbers on entry form to ensure you are in correct category – Small or Large Troupes
- Troupes must have a minimum of 4 dancers/competitors
 - Small Troupes – 4-11 dancers
 - Large Troupes – 12+ dancers
- Competitors may enter multiple entries in a section for troupes ie you can do 2/3/4 Jazz routines in one section

Thanks for your Enquiry in to the 2024 INSPIRE Arts Challenge

Can't wait to see you & your students at IAC

Enquiries – peta@inspiredancefitness.com.au

0409 399 440

To Enter www.compsonline.com.au

**Don't leave to the last minute as last year we sold out
quickly and had several disappointed studios**

LIKE & FOLLOW - <https://www.facebook.com/InspireDanceFitness/>

INSTAGRAM <https://www.instagram.com/inspiredancefitness/>