SECTION NUMBER	DANCE SECTIONS FOR 2026	MAXIMUM TIMING
	NATIONAL DANCE SOLO	
D1	18 years & under (excluding Scottish & Irish	Time limit 2 mins 30 sec
	TAP DANCE SOLO	
D2	6 years & under (Tiny Tots)	Time limit 2 mins 30 sec
D3	7 years	Time limit 2 mins 30 sec
D4	8 years	Time limit 2 mins 30 sec
D5	9 years	Time limit 2 mins 30 sec
D6	10 years	Time limit 2 mins 30 sec
D7	11 years	Time limit 2 mins 30 sec
D8	12 years	Time limit 2 mins 30 sec
D9	13-14 years inclusive	Time limit 3 mins 00 sec
D10	15-18 years inclusive	Time limit 3 mins 00 sec
D14	WALTZ TAP SOLO	Time a limit 2 min 20
D11	12 Years & under	Time limit 2 mins 30 sec
D12	13 – 18 years inclusive	Time limit 3 mins 00 sec
	TAP CHAMPIONSHIPS (1st routine SLOW, 2nd routine is FAST)	
D13	12 years & under	Time limit 3 mins 30 secs each
D14	13-18 years inclusive	Time limit 3 mins 30 secs each
	The committee have the right to change age groups or combine	
	championship sections if numbers are insufficient. A minimum of 5	
	competitors is required. The fast routine must be fast tapping rhythms	
	with fast music. Please make sure you have entered the relevant solos in	
	your age group. Points will be deducted if no contrast to speeds.	
	SONG & SOFT SHOE SOLO (equal singing & dancing)	
D15	8 years & under	Time limit 3 mins 30 secs
D16	9-10 years inclusive	Time limit 3 mins 30 secs
D17	11-12 years inclusive	Time limit 3 mins 30 secs
D18	13-18 years inclusive	Time limit 3 mins 30 secs
	SONG & TAP SOLO (equal singing & dancing)	
D19	8 years & under	Time limit 3 mins 30 secs
D20	9-12 years inclusive	Time limit 3 mins 30 secs
D21	13-18 years inclusive	Time limit 3 mins 30 secs
	SONG & DANCE CHAMPIONSHIP	
D22	(1st routine Song & Soft Shoe, 2nd routine Song & Tap)	Time limit 2 mine 20 sees each
	12 years & under - (may repeat 1 item already performed)	Time limit 3 mins 30 secs each
D23	13-18 years inclusive The committee have the right to change age groups or combine	Time limit 3 mins 30 secs each
	championship sections, if numbers are insufficient. A minimum of 5	
	competitors is required. (SONG & SOFT SHOE FIRST, THEN SONG & TAP	
	ROUTINE). This is not based on Slow & Fast. It is based on Song & Soft Shoe	
	and Song & Tap. Please make sure you have entered the relevant solos in	
	your age group.	
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	SONG OF CHOICE SOLO (no dancing)	
D24	SONG OF CHOICE SOLO (no dancing) 12 years & under	Time limit 3 mins 00 secs
D24 D25	SONG OF CHOICE SOLO (no dancing) 12 years & under 13-18 years inclusive	Time limit 3 mins 00 secs Time limit 3 mins 00 secs

D26 S years & under (Tiny Tots) 7 years Time limit 2 mins 30 sec 10 years Time limit 2 mins 30 sec 11 years Time limit 2 mins 30 sec 11 years Time limit 2 mins 30 sec 12 years Time limit 2 mins 30 sec 13 12 years Time limit 2 mins 30 sec 13 12 years Time limit 2 mins 30 sec 13 12 years Time limit 2 mins 30 sec 15 15 18 years inclusive Time limit 3 mins 00 secs 15 15 18 years inclusive Time limit 3 mins 00 secs 15 2 years & under (Tiny Tots) Time limit 3 mins 00 secs 16 3 years & under (Tiny Tots) Time limit 3 mins 00 secs 17 years Time limit 3 mins 00 secs 18 years Time limit 3 mins 00 secs 19 years Time limit 3 mins 00 secs 19 years Time limit 3 mins 00 secs 10 years Time limit 3 mins 00 secs 10 years Time limit 3 mins 00 secs 11 years Time limit 3 mins 00 secs 12 years Time limit 3 mins 00 secs 13 12 years Time limit 3 mins 00 secs 14 10 years Time limit 3 mins 00 secs 15 18 years inclusive Time limit 3 mins 00 secs 15 18 years inclusive Time limit 3 mins 00 secs 15 18 years inclusive Time limit 3 mins 30 secs 15 18 years inclusive Time limit 3 mins 30 secs 16 18 years winder Time limit 3 mins 30 secs each item 17 he committee have the right to change age groups or combine championship sections if numbers are insufficient. A minimum of 5 competitors is required. Please make sure you have entered the relevant solos in your age group. If there are enough entrants, we will make a Junior & Senior Championship 18 years & under Timy Tots (Any style modern) Time limit 2 mins 30 sec 19 years Time limit 2 mins 30 sec 19 years Time limit 2 mins 30 sec 10 years Time limit 2 mins 30 sec 10 years Time limit 2 mins 30 sec 10 years Time limit 2 mi	
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D56 14 years Time limit 3 mins 00 secs	CS
D57 15 years Time limit 3 mins 00 secs	CS
D58 16-18 years inclusive Time limit 3 mins 00 secs	

	MODERN SOLO – SLOW/LYRICAL – (Acro ruling applies)	MAXIMUM TIMING
D59	6 -8 Years inclusive	Time limit 2 mins 30 sec
D60	9 years	Time limit 2 mins 30 sec
D61	10 years	Time limit 2 mins 30 sec
D62	11 years	Time limit 2 mins 30 sec
D63	12 years	Time limit 2 mins 30 sec
D64	13 years	Time limit 3 mins 00 secs
D65	14 years	Time limit 3 mins 00 secs
D66	15 years	Time limit 3 mins 00 secs
D67	16 - 18 years inclusive	Time limit 3 mins 00 secs
	MODERN CONTEMPORARY SOLO - (Acro ruling applies)	
D68	7 -9 years inclusive	Time limit 2 mins 30 sec
D69	10-11 years inclusive	Time limit 2 mins 30 sec
D70	12 years	Time limit 3 mins 00 secs
D71	13 years	Time limit 3 mins 00 secs
D72	14 years	Time limit 3 mins 00 secs
D73	15-18 years inclusive	Time limit 3 mins 00 secs
	MODERN CHAMPIONSHIPS (1st routine slow, 2nd fast)	
D74	12 years & under	Time limit 3 mins 30 secs each
D75	13-18 years inclusive	Time limit 3 mins 30 secs each
<i>D73</i>	· ·	Time time 5 mins 30 sees each
	The committee have the right to change age groups or combine	
	championship sections if numbers are insufficient. A minimum of 5 competitors is required. The Jazz routine must be danced fast & to fast	
	paced music. ACRO trick rules apply to Championships as well. Please	
	make sure you have entered the relevant solos in your age group.	
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	MUSICAL THEATRE/CABARET SOLO –	
	Floor show of dancing, acting, spoken dialogue & singing. (No lip Syncing)	
	Choreographed to music from a stage or Broadway musical. If enough	
D76	entrants, we will split this section.	Time limit 2 min 20 mm
D76	18 years & under	Time limit 3 mins 30 secs
	SPEED TAP SOLO	
D77	18 years & under	Time limit 3 mins 00 secs
	20 / 30.13 31 31.13.51	
	BROADWAY JAZZ SOLO	
D78	18 years & under	Time limit 3 mins 00 secs
	Is a dynamic, theatrical dance style blending traditional jazz technique with	
	storytelling, character, dynamic staging, and choreography. ACRO ruling	
	applies applies	
	ACRO SOLOS	
	A routine using controlled movements and flexibility, walkovers, aerials,	
	back handsprings, etc. Must incorporate dance techniques.	
	(This is the section where you can do all your tricks with no limits)	
D79	18 years & under	Time limit 3 mins 00 secs
	HID HOD SOLOS	
D80	HIP HOP SOLOS 12 years & under	Time limit 2 mins 30 secs
D81	13-18 years inclusive	Time limit 3 mins 00 secs
דטת	13-10 years iliciusive	Time mint 3 mins oo sets
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	ALL ABILITIES SOLO – OPEN AGE ANY STYLE	MAXIMUM TIMING
D82	Any age – any style	Time limit 2 mins 30 secs
	DUO SECTIONS	
	(Once entries have been received, we will split sections into appropriate age	
	groups if we have enough numbers to do so.)	
	TAP DUO	
D83	18 years & under	Time limit 3 mins 15 secs
	SONG & DANCE OR NOVELTY DUO	
D84	18 years & under	Time limit 3 mins 15 secs
	CLASSICAL OR DEMI CHARACTER DUO	
D85	18 years & under	Time limit 3 mins 15 secs
	,	
	NATIONAL DUO	
D86	18 years & under	Time limit 3 mins 15 secs
	MODERN DUO - JAZZ / HIP HOP	
D87	12 years & under	Time limit 3 mins 15 secs
D88	18 years & under	Time limit 3 mins 15 secs
	MODERN DUO – CONTEMPORY / LYRICAL	
D89	18 years & under	Time limit 3 mins 15 secs
	TDIO SECTIONS and stude	
D90	TRIO SECTIONS – any style	Time limit 3 mins 15 secs
	12 years & under 18 years & under	Time limit 3 mins 15 secs
D91	18 years & under	Time limit 3 mins 13 secs
	GROUP SECTIONS	
	(Dance schools can perform 2 items in these sections and competitors can	
	perform in both items).	
	A maximum of 4 students can dance down an age group for troupes, only if	
	majority in group are of correct age. This only applies up until 13 years &	
	under.	MAXIMUM LIMIT
	TAP GROUPS	IVIAANVIOWI ENVIN
D92	8 years & under	Time limit 5 mins 00 secs
D93	10 years & under	Time limit 5 mins 00 secs
D94	13 years & under	Time limit 5 mins 00 secs
D95	Open age	Time limit 5 mins 00 secs
DES		
	SONG & DANCE GROUPS	
D96	8 years & under	Time limit 5 mins 00 secs
D97	10 years & under	Time limit 5 mins 00 secs
D98	13 years & under	Time limit 5 mins 00 secs
D99	Open age	Time limit 5 mins 00 secs
	CLASSICAL CROUPS	
D100	CLASSICAL GROUPS	Time limit F rains 00
D100	8 years & under	Time limit 5 mins 00 secs
D101	8 years & under 10 years & under	Time limit 5 mins 00 secs
	8 years & under	

	DEMI CHARACTER GROUPS	MAXIMUM LIMIT
D104	8 years & under	Time limit 5 mins 00 secs
D105	10 years & under	Time limit 5 mins 00 secs
D106	13 years & under	Time limit 5 mins 00 secs
D107	Open age	Time limit 5 mins 00 secs
	MODERN GROUPS – JAZZ (acro rules apply)	
D108	8 years & under	Time limit 5 mins 00 secs
D109	10 years & under	Time limit 5 mins 00 secs
D110	13 years & under	Time limit 5 mins 00 secs
D111	Open age	Time limit 5 mins 00 secs
	MODERN GROUPS – LYRICAL (acro rules apply)	
D112	8 years & under	Time limit 5 mins 00 secs
D112	10 years & under	Time limit 5 mins 00 secs
D113	13 years & under	Time limit 5 mins 00 secs
D114 D115	Open age	Time limit 5 mins 00 secs
DIIJ	Орен аде	Time mint 3 mins 00 secs
	MODERN GROUPS – CONTEMPORARY (acro rules apply)	
D116	10 years & under	Time limit 5 mins 00 secs
D117	13 years & under	Time limit 5 mins 00 secs
D118	Open age	Time limit 5 mins 00 secs
	NATIONAL GROUPS	
D119	10 years & under	Time limit 5 mins 00 secs
D120	Open age	Time limit 5 mins 00 secs
	NOVELTY / MUSICAL THEATRE GROUPS	
D121	10 years & under	Time limit 5 mins 00 secs
D121	13 years & under	Time limit 5 mins 00 secs
D122	Open age	Time limit 5 mins 00 secs
D123	Орен аде	Time limit 5 mins 00 sees
	ACRO GROUPS	
D124	13 years & under	Time limit 5 mins 00 secs
D125	Open age	Time limit 5 mins 00 secs
	HIP HOP GROUPS	
D126	10 years & under	Time limit 5 mins 00 secs
D127	13 years & under	Time limit 5 mins 00 secs
D128	Open age	Time limit 5 mins 00 secs
	CABARET GROUPS	
D129	13 years & under	Time limit 5 mins 00 secs
D130	Open age	Time limit 5 mins 00 secs
	EDUCATION GROUPS (any style) –	
	students must be members of the Education school entered. This section is	
	not for Dance Schools. They will be held over the group weekend.	
D131	Primary grades 1-6 years	Time limit 5 mins 00 secs
D132	Secondary grades 7-12 years	Time limit 5 mins 00 secs