

AIDA SA, NT & TAS

REGIONAL OIREACHTAS SYLLABUS

FRIDAY 31 JULY - SUNDAY 2 AUGUST 2026

Hopgood Theatre, Noarlunga



ADJUDICATORS

Christine Ayres ADCRG BG VIC

Eileen Ashley ADCRG WA

John Joyce ADCRG NSW

MUSICIAN

Brendan Dougan Kittel SA

ENTRY FEES

SOLO CHAMPIONSHIPS - \$80 per dancer

A family discount of 20% will apply to families with 3 or more dancers on solo entries only

SESSIONAL TRADITIONAL SET DANCE CHAMPIONSHIP - \$10 per dancer

CEILI CHAMPIONSHIP - \$14 per dancer per team

FAMILY ENTRY LEVY - \$30 per family

PRE-ORDERED PROGRAM - \$15 (collect at event)

AIDA SA,NT&TAS has a NO REFUND policy on all entries paid

HOW TO ENTER

All competitors must be registered with AIDA Inc.

Entries for the solo competitions are via



<https://www.comps-online.com.au/>

Entries for the Ceili competitions are via your teacher.

Teachers to complete the Official Summary sheet and forward to returning officer:
James McEvoy-May TCRG, secretary@aidasanttas.com

It is the responsibility of the teacher to check that any competitors fall within the Rules of Entry for the South Australian, Northern Territory and Tasmanian Regional Oireachtas. In the case of a non-permanent Australian Resident, the teacher must provide proof of Residency issued by the Australian Department of Immigration and provide copy to the Returning Officer by the official closing date.

KEY DATES

- **Monday 22nd June** – Entries open
- **11:00 PM Wednesday 8th July** – Entries close
- **12:00 PM Friday 10th July** – Late Entries accepted (with additional \$30 fee)

ENTRIES AFTER FRIDAY 10th JULY 2026 WILL NOT BE ACCEPTED

GENERAL RULES

The South Australian, Northern Territory and Tasmanian Regional Oireachtas are conducted under the Rules and Regulations of An Coimisiun Le Rinci Gaelacha, Dublin, and the Australian Irish Dancing Association Inc.

The following rules should be read in light of the AIDA Inc. Mission Statement, the objective of which is to encourage good sportsmanship in a healthy, positive, and fair spirited environment. This objective should be upheld by ALL teachers, dancers, parents, and spectators at all events

Failure to comply with the terms and conditions specified in this syllabus may result in non-acceptance of entries or **disqualification**.

RULES

In order for entries to be accepted all competitors:

1. must be pupils of teachers who, at the date of entry, have an active membership with An Coimisiun for the year 2026 and who are financial members of AIDA (SA,NT&TAS) Inc. for 2026.
2. must be a resident of South Australia, the Northern Territory or Tasmania. An exemption for non-residents may only be granted under the provisions of Rule 3.2 – Rules for Dancing Teachers and Adjudicators.
3. must be registered as a pupil with AIDA Inc. by the official closing date of entries.
4. must not, on the date(s) of their competition(s), be ineligible to compete due to any rule; and
5. must have been properly entered with all entry fees paid in full by the official closing date.

Competitors must obey all instructions of the Organising Committee, otherwise permission to dance will be withdrawn.

Lodgement of an entry shall be taken to signify that the Teacher, Parent, and Pupils concerned accept these rules in full and agree to strictly abide by them.

AGE LIMITS

1. The age of a competitor shall be taken as on 1st January 2026. Where a competitor's birth date falls on 1st January, he/she shall, for the purpose of the South Australian, Northern Territory and Tasmanian Regional Oireachtas, be regarded as under the age attained on that day.

PRIZES

2. Prizes will be awarded in each section as determined by AIDA (SA,NT&TAS) Inc.
3. All perpetual trophies must be returned clean from dust and dirt and in good condition by the person who signed for the trophy, or by their representative. The return of trophy is registered with the nominated official or AIDA member at the **start** of Championship at the designated area for sign in of trophy receipt.
4. Responsibility for the loss and/or damage to trophies is to the recipient of the trophy as stated in the agreement signed at the time of presentation at the previous Regional Oireachtas.
Please note, damage must be repaired prior to return of trophies and trophies must be returned with their cover. Failure to repair a trophy, therefore returning a trophy in an unsuitable state, will result in a **\$100** fee. It is also the responsibility of the recipient to engrave the trophy with the winner's name and year before return.

ORDER OF DANCING

5. AIDA (SA,NT&TAS) Inc. has the right to commence a Championship 30 minutes prior to the scheduled commencement time.
6. With the exception of the first section of the day, competitors must be in costume and ready to dance at least 30 minutes prior to the time scheduled for their competition.
7. Competitors must present themselves to the marshalling area when called to do so by Stage Personnel. Sections will only be called for ONCE. If a competitor misses this call, or is not in the marshalling area on time, the section may begin without them resulting in disqualification of that competitor.
8. Competitors must dance in numerical order as published in the official programme. The starting number for each solo round will be determined by ballot prior to the commencement of the Championships and will be printed in the program.

COMPETITOR CONDUCT AND MISHAPS

9. No liability is accepted by AIDA (SA,NT&TAS) Inc. for any injury caused to any person, including but not limited to, competitors, however caused and whether or not caused by the negligence or default of AIDA (SA,NT&TAS) Inc., its servants, or agents. The lodgement of an entry will be deemed to be an acceptance of this provision.

10. Should a competitor lose a heel or a complete shoe, or have an open lace, he/she may stand back, where applicable, allowing the other competitor(s) to continue dancing uninhibited. In such a case, the competitor concerned will be permitted to re-dance as soon as it is deemed practicable by the stage personnel.
11. With regards to falls, slips and bumps
 - a) Should a dancer fall on stage, whether in solos or in teams, the adjudicator **MUST** ring the bell to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then at the discretion of each individual adjudicator.
 - If the judges ring the bell to stop a performance during the last eight (8) bars in Round 1 or Round 2, the dancers will only be required to dance the last 16 bars of that dance.
 - If the judges ring the bell to stop a performance during any part of an open solo set dance, the dancer will perform the entire dance for their re-dance.
 - If the judges ring the bell to stop a performance any sooner than the last eight (8) bars during a RE-DANCE in Round 1 or Round 2, the judges will decide (by majority vote) if a full dance is required or if an exception can be made to require only the last 16 bars of that dance.
 - b) Should a dancer slip, bump into another dancer or have a costume malfunction whether in solos or in teams, the bell may be rung at the discretion of the adjudicators to stop the performance of the dancer(s). Dancers so affected will be permitted to re-dance and will be marked then at the discretion of each individual adjudicator.
 - c) Should, in the opinion of the Stage Personnel (in consultation with medical personnel if deemed necessary), a competitor be unfit to re-dance, and if such competitor insists on performing, then those concerned will only be permitted to re-dance on completion of a formal declaration that removes the organising committee of any liability. Any repeat accident/incident which results in that competitor being unable to complete the required number of bars in any round, will result in the competitor withdrawing without question from the Championship.
12. A competitor must not walk off the stage during a performance unless instructed to do so by an adjudicator. A competitor who dismisses themselves from the stage without the permission of an adjudicator will receive **ZERO marks and ZERO points** from all adjudicators
13. If at any stage during a performance an adjudicator feels that, due to the health and safety of a performer on stage, the performance should be stopped, the adjudicator must ring the bell.
14. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
15. No pacers will be used in either team or solo sections.

SOLO CHAMPIONSHIPS

RULES AND DIRECTIVES

- 1) The required dances for each competition are set out in Appendix A and B.
- 2) In all Championships, competitors will dance the heavy dance (Heavy Jig or Hornpipe) first, with the exception of the 6 years and under Championship that will commence with the Light Jig.
- 3) Adult Championship eligibility
 - a) Dancers must be 18 years or older (as of the 1st of January 2026) who no longer want to compete in the mainstream Ladies/Men sections and have not competed in any competition other than an adult sections. Competing in Ceili dancing is exempt.
 - An Adult Irish Dancer who has competed in non-adult sections in the previous 5 years due to the lack of availability of adult sections, may apply, via their teachers, to the AIDA SA,NT&TAS Executive Committee for the 5-year stipulation to be waived. Applications for waiver need to be submitted at time of entry.
 - Dancers who have already obtained a waiver since 2023 and have not since competed in Solo competition other than stipulated adult sections, are not required to obtain another waiver.
 - b) All rounds are danced at open speed.
- 4) The heavy round and light round from 13 years and upwards will be danced 2 at a time. All other ages will dance 3 at a time, with the exception of the heavy round of the 7- & 8-years sections that will be danced 2 at a time.
- 5) In all competitions, competitors must commence their dance in the first two rounds from the designated starting points. In the *Open Set Dance* round a competitor may choose his/her starting point.
- 6) There are no recalls in the Regional Oireachtas and thus all competitors will dance 3 rounds to complete the Championship:
 - a) In the 6 years and under Championships, following an 8-bar introduction, competitors will complete 48 bars in all the following: the Light Jig, Single Jig, and Reel (113 or 116).
 - b) In the Sub Minor Championships, following an 8-bar introduction, competitors will dance 32 bars of the Heavy Jig, 48 bars in the Reel and own choice Traditional Set Dance comprising full step (short) and half of the Set (long).
 - c) In the 9 years and upwards Championships, following an 8-bar introduction, competitors will dance 48 bars in the Heavy Jig and Reel, 40 bars in the Hornpipe and Slip Jig and own choice Set Dance comprising full step (short) and half of the Set (long).
 - d) In the Adult Mixed Championship, following an 8-bar introduction, competitors will dance 32 bars of the Heavy Jig or Hornpipe, either 48 bars of the Reel or 40 Bars of the Slip Jig, and a Traditional Set Dance comprising full step (short) and half of the Set (long).
 - e) Where the final round of a Championship is a Traditional Set dance that round will be danced in numerical order in groups of same Traditional Set Dance commencing with the Traditional Set Dance relevant to the starting number followed by the Traditional Set Dance relevant to the next closest number to the starting number and continuing on in like manner until all Traditional Sets have been danced. *(2024 AIDA Inc. Convention)*
 - For example: 101, 102, 104, 106, 109 and 110 are dancing *St. Patrick's Day*. 103, 105 and 107 are dancing *Blackbird*. 108 is dancing *Job of Journeywork*.
The stage order would be:
101, 102, 104 *St. Patrick's Day*;
103, 105, 107 *Blackbird*.
106, 109, 110 *St. Patrick's Day*,
108 *Blackbird*; and so on.
- 7) In all competitions in heavy dances (i.e., the Jig and Hornpipe) the lead round must be danced on both the right and left foot.
- 8) Competitors beginning to dance before or after the stipulated 8-bar introduction will automatically receive a **ZERO mark and ZERO points** for that round from all adjudicators.
- 9) With regards to the own choice set dances:
 - a) All competitors from the 9 years and upwards are responsible for advising the Stage Personnel the name and correct metronome speed of their Set Dance. The onus of ensuring that the stage personnel are informed will rest with the competitor who should advise these details at the time of registration.
 - b) An incorrect metronomic speed submitted for an open set dance cannot be changed once the musicians have commenced playing the music.
 - c) Introductions to open set dances will be played only once.
 - d) Should a competitor submit an incorrect metronomic speed to the stage personnel and commence dancing at that speed, then the competitor must continue to dance at this speed as no further opportunity of tempo change will be afforded.
 - e) Competitors beginning to dance before or after the stipulated set dance introduction will automatically receive **ZERO marks and ZERO points** from all adjudicators for that round.
 - f) All Set Dances must be from the official list contained in Appendix B and be performed within the specified speeds. The speeds for Traditional Set Dance are as per Appendix B.

- 10) Additional **ZERO-point** rules:
- a) If a competitor fails to complete the Heavy Jig or Hornpipe round of a championship, they will receive **ZERO marks and ZERO points** from all adjudicators for that round. As a courtesy, they will be allowed to continue to Reel or Slip Jig round and whilst they will receive marks from each adjudicator they will automatically receive **ZERO points** and will not be allowed to progress any further in the Championship.
 - b) If a competitor fails to complete the Reel or Slip Jig round of a championship, they will **receive ZERO marks and ZERO points** from all adjudicators for that round and will not be allowed to progress any further in the Championship.
 - c) A competitor who fails to complete the open set dance round will receive **ZERO marks and ZERO points** from all adjudicators for that round and cannot appear in a medal winning position.
 - d) The definition of complete means that all bars as outlined in the syllabus are danced without any stops (choreographed pauses in steps, however, are permitted).
- 11) The Organising Committee will provide music for the Championships.
- 12) To receive prizes or awards, competitors must be in full dancing costume including shoes.
- 13) The costume rules for the Championship follow Section 5: Costume Rules from the official Rules of An Coimisiún le Rincí Gaelacha and the AIDA Inc Grade Rules Addendum A: Make-up and Costume rules. These include, but are not limited to:
- a) Costumes must consist of full front, side and back sections, along with short/long sleeves. Cut-away styles, without a full skirt backing, are not acceptable.
 - b) Costume dress necklines must be of collar-bone level or above. This does not preclude the use of alternative fabrics e.g., Lace as an insert. Where lace or chiffon is used as sleeves, the sleeves must start at the shoulder line and end at the cuff.
 - c) Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modestly may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights.
 - d) Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body outlined in the CLRG Costume Rules will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicator on the panel must agree to ask the dancer to put on tights.
 - e) Artificial Carriage Aids - In order to comply with health and safety measures, all competitors lining-up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
 - f) Competitors of age 9 years and under are not permitted to wear Make-up (including false eyelashes and / or tanner on the face). However, they are permitted tanning products on legs (as per AIDA Inc 2020 convention).
 - g) Adult dancers in adult sections, Solo, team or black out outfits are permitted. Adult female dancers are required to wear tights at a minimum of 70 denier.
- 14) Any competitor in breach of the CLRG & AIDA Inc. rules will be subject to disqualification.
- 15) Decisions of the Organising Committee, as to the interpretation of these rules and in relation to all other matters pertaining to the South Australian, Northern Territory and Tasmanian Regional Oireachtas, shall be final.

SESSIONAL TRADITIONAL SET DANCE CHAMPIONSHIPS

RULES AND DIRECTIVES

- 1) Dancers can compete in a single traditional set dance competition related to the session their solo competition falls under.
- 2) The required dances for each competition are set out in Appendix B.
- 3) The competition will follow the Solo Championships rules and directives unless contrary to below.
- 4) All versions of traditional set dances are acceptable if they are danced in a traditional style.
- 5) Certain movements must be maintained in a traditional style
 - a) Clicks are not permitted in any traditional set dance.
 - b) Dancers are not permitted to move in a counter direction when executing "rolls." "Rolls" may be danced on the spot or moving in the direction of the leading foot.
 - c) "Rocks" in any traditional set dance must be fully completed and not cut short.
 - d) Single and double trebles are acceptable in the step (lead) of all traditional set dances.
- 6) In relation to
 - a) JOB OF JOURNEYWORK: "Boxes" may be executed in either FOUR or FIVE beats. The "box" must be completed by the two shoes touching at the toe piece. There is no "stamp" immediately following the "box".
 - b) ST. PATRICKS DAY: In the 5th bar of the step (lead) and also the 5th and 10th bars of the set, dancers must hit their toe to their heel. Banging of the toe on the floor is not permitted.

CEILI CHAMPIONSHIPS

RULES AND DIRECTIVES

- 1) The required dances for each competition are set out in Appendix C.
- 2) These rules and directives must be read in conjunction with the general rules and other relevant sections of this syllabus and those contained in the World Syllabus 2026.
- 3) The number of teams to be entered in each Championship must be submitted by the official closing date of entries.
- 4) The full name and date of birth of each team member must be furnished by official closing date of entries. Any subsequent changes must be notified to the Organising Committee prior to **12th of July 2026**.
- 5) Adult dancers, as described in the Solo Championship directive, may compete in Open Ceili Teams without affecting their eligibility for Adult Solo competitions.
- 6) All Ceili teams entered as Teams A B C etc. must dance in the position in which they are balloted, and the composition of the whole team cannot be changed after the entry has been submitted.
- 7) A dancer must not be a member of more than one team in the same competition except in the case of an unforeseen emergency and then only with the consent of the Organising Committee.
 - a) An emergency is defined as an event which happens either within 7 days immediately preceding the first day of competition of the South Australian, Northern Territory and Tasmanian Regional Oireachtas or during the course of the Championships. A formal application must be made in writing to an Executive member of the Organising Committee and medical emergencies must be accompanied by a medical certificate. In the event of an unforeseen emergency, the acceptance of the written application will be determined by the Organising Committee.
- 8) The borrowing of dancers for any Feiseanna in Australia is not allowed.
- 9) In case of an emergency, Choreography age restrictions may be waived to allow a younger dancer to be utilized from within the same school on the proviso that the dancer has not competed in choreography in the same age.
- 10) If a team presents to marshalling and is not the team as listed on the entries; where no official notification of change has been received by the Organising Committee, the team will dance but will not appear in the official result.
- 11) Apart from the variations described below, dances must be performed in accordance with the latest edition of *Ar Rinci Ceili*, unless otherwise indicated in the directive on Ceili dances published by An Coimisiun. Movements and figures must be performed in the order specified and the dancers must move in the manner stipulated. Where neither *Ar Rinci Ceili* nor the directive specifies how a particular movement should be performed, the teacher may use his/her discretion with regard to interpretations. Unnecessary embellishments must be avoided.
- 12) Movements in Ceili dances are intended to flow naturally. Although the numbers of bars may be specified in *Ár Rince Céilí*, the natural flow and rhythm of the dance take precedence over strict compliance with the written breakdown of bars.
- 13) In the case of mixed teams, the mixed component must dance the figure.
- 14) For the South Australian, Northern Territory and Tasmanian Regional Oireachtas, dances are stipulated in **Appendix C** with an own choice of figure, except for
 - a) Under 10 Four Hand competition who will always perform Figure 2,
 - b) Under 12 Four Hand competition who will always perform Figure 2
- 15) A team in a competition for Ceili or figure dancing may include dancers who are under the age limit stipulated for the competition subject to the following conditions:
 - a) A teacher may include a number of dancers not exceeding 50% of a Ceili team or 50% of a figure team without seeking prior permission but must inform the Organising Committee in writing prior to the competition and furnish the names of the underage dancers.
 - b) Where the number of under aged dancers allowed dance in the higher age group exceeds 50% in Ceili or 50% in figure, only 50% in Ceili or 50% in figure may also compete in teams in the lower age group.
 - c) The members of a team must be the pupils of the same school.
 - d) Up to 50% of a girls' team competing in a girls' Ceili Championship may also dance across in a competition for mixed teams, subject to all other Ceili Rules
- 14) There is no restriction on the number of ceili or progressive teams a dancer may enter. However, all eligibility rules, including the 50% up and across rule, must be adhered to.
- 15) Directives of An Coimisiun for Ceili dancing will apply. Refer to the 2026 World Syllabus.
- 16) Ceili dances not performed in the correct order per 'Ár Rincí Céilí 2014' and/or are not compliant in performing the required part (A or B) as stipulated in this syllabus, shall receive ZERO marks and ZERO points from each adjudicator for that round, and cannot be featured in the final result.

PROGRESSIVE CHAMPIONSHIPS

RULES AND DIRECTIVES

- 1) The progressive championships follow Ceili championship rules where appropriate, including but not limited to the inclusion of dancers who are under the stipulated age limit (i.e., 50% rules)
- 2) The number of teams to be entered in each Championship must be submitted by the official closing date of entries.
- 3) The full name and date of birth of each team member must be furnished by official closing date of entries. Any subsequent changes must be notified to the Organising Committee prior to **12th of July 2026**.
- 4) Dances must be performed in accordance with the latest edition of *Ar Rinci Ceili*, unless otherwise indicated in the directive on Ceili dances published by An Coimisiun. Movements and figures must be performed in the order specified and the dancers must move in the manner stipulated. Where neither *Ar Rinci Ceili* nor the directive specifies how a particular movement should be performed, the teacher may use their discretion with regard to interpretations. Unnecessary embellishments must be avoided.
- 5) Movements in Ceili dances are intended to flow naturally. Although the numbers of bars may be specified in *Ár Rince Céilí*, the natural flow and rhythm of the dance take precedence over strict compliance with the written breakdown of bars.
- 6) The required dances for each competition are set out in Appendix C.
 - a) **Under 12 Years Combined: Siege of Carrick**
 - i) This section will dance the full Siege of Carrick three times through (96 bars) as a progressive dance with a maximum of 8 dancers.
 - b) **Under 15 Years Combined: Harvest Time Jig**
 - i) This section will dance the full Harvest Time Jig twice through (128 bars) as a progressive dance with a maximum of 12 dancers.
 - c) **Open Combined: Rince Fada**
 - i) This section will dance the full Rince Fada three times through (96 bars) as a progressive dance with a maximum of 8 dancers.
 - d) **Adult Combined: Antrim Reel**
 - i) This section will dance the full Antrim Reel twice through (128 bars) as a progressive dance with a maximum of 8 dancers.
 - ii) An Adult dancer is someone who meets the eligibility criteria for an adult dancer in the Solo Championship directive above.
- 7) Any set not dancing during their rotation will remain stationary.
- 8) All progressive sections be danced two teams at a time on stage with the leading couple at the top of the room or to the left of the adjudicator.
- 9) There is no restriction on the number of ceili or progressive teams a dancer may enter. However, all eligibility rules, including the 50% up and across rule, must be adhered to.

OWN CHOREOGRAPHY CHAMPIONSHIPS

RULES AND DIRECTIVES

Own Choreography Under 12 Years Three Hand or 12-14 Years Three Hand:

- 1) Relevant rules of the Championship should be read for the benefit of the adjudicators prior to commencement
- 2) Dance must comprise of a maximum of 96 bars (not including the introduction) of reel music.
- 3) No story is allowed, either read or sung.
- 4) Inappropriate, offensive, provocative, violent or explicit sexual content must not be included.
- 5) The dance must be performed in soft shoes and in team costume.
- 6) Teachers are permitted to use pre-recorded accompaniment for Choreography Sections. Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same (see below).
- 7) Each team member should dance continuously for the duration of the dance,
 - a) However, pauses found in Ceili Dancing is permitted
 - b) Walking steps are permitted if desired.
- 8) The throwing of a dancer or any form of acrobatics including, but not limited to somersaults, backward and forward rolls, handstands etc. are strictly prohibited.
- 9) A Dancer can only compete once per choreography style and cannot dance in both a girls' and a mixed team.
- 10) Dancers cannot dance outside of their age groups. The age limits...
 - a) For the Under 12 Years competition is no minimum age with a maximum age of 11 years.
 - b) For the 12-14 years competition is a minimum age of 12 years, and the maximum age is 14 years.
- 11) The names of all team members must be submitted by the official closing date of entries. Any subsequent changes must be notified to the Organising Committee prior to **12th of July 2026**.

Own Choreography 12-14 Years Reels in Couples or 15 Years and Over Reels in Couples:

- 1) Relevant rules of the Championship should be read for the benefit of the adjudicators prior to commencement
- 2) Dance must comprise a maximum 72 bars (not including introduction) of reel music.
- 3) No story is allowed, either read or sung.
- 4) Inappropriate, offensive, provocative, violent or explicit sexual content must not be included.
- 5) The dance must be performed in soft shoes and in team costume.
- 6) Teachers are permitted to use pre-recorded accompaniment for Choreography Sections. Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same (see below).
- 7) Each team member should dance continuously for the duration of the dance,
 - a) However, pauses found in Ceili Dancing is permitted
 - b) Walking steps are permitted if desired.
- 8) The throwing of a dancer or any form of acrobatics including, but not limited to somersaults, backward and forward rolls, handstands etc. are strictly prohibited.
- 9) A Dancer can only compete once per choreography style and cannot dance in both a girls' and a mixed team.
- 10) Dancers cannot dance outside of their age groups. The age limits...
 - a) For 12-14 years competition is a minimum age of 12 years, and the maximum age is 14 years.
 - b) For the 15 years and Over is a minimum age of 15 years with no maximum age.
- 11) The names of all team members must be submitted by the official closing date of entries. Any subsequent changes must be notified to the Organising Committee prior to **12th of July 2026**.

Own Choreography Senior Four Hand (15 years and Over):

- 1) Relevant rules of the Championship should be read for the benefit of the adjudicators prior to commencement
- 2) Dance must not exceed 96 bars of music, not including introduction.
- 3) Dance must be in 6/8 timing – jig.
- 4) No story is allowed, either read or sung.
- 5) Inappropriate, offensive, provocative, violent or explicit sexual content must not be included.
- 6) The dance must be performed in soft shoes and in team costume.
- 7) Teachers are permitted to use pre-recorded accompaniment for Choreography Sections. Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same (see below).
- 8) Each team member should dance continuously for the duration of the dance, However
 - a) Pauses found in Ceili Dancing is permitted
 - b) Walking steps are permitted if desired.
- 9) The throwing of a dancer or any form of acrobatics including, but not limited to somersaults, backward and forward rolls, handstands etc. are strictly prohibited.
- 10) A Dancer can only compete once per choreography style and cannot dance in both a girls' and a mixed team.
- 11) Dancers cannot dance outside of their age groups. The minimum age is 15 years.
- 12) The names of all team members must be submitted by the official closing date of entries. Any subsequent changes must be notified to the Organising Committee prior to **12th of July 2026**.

FIGURE DANCING CHAMPIONSHIPS

RULES AND DIRECTIVES

- 1) Relevant rules of the Championship should be read for the benefit of the adjudicators prior to commencement
- 2) These rules and directives must be read in conjunction with the general rules and other relevant sections of this syllabus and those contained in the World Syllabus 2026.
- 3) Every dance must be capable of being performed on a stage not greater than 30' x 30' i.e. 9.14m X 9.14m.
- 4) Each team must consist of no fewer than eight (8) dancers and not more than sixteen (16) dancers.
- 5) The dance must be performed in team costume.
- 6) Each dance must portray by movements an Irish theme or item.
- 7) Basic steps found in *Ar Rince Ceili* are strongly recommended. Solo dancing steps are not permitted in a Figure Dance.
- 8) Each team member must be on stage from the commencement of the dance and shall dance continuously for the duration of the dance except where, to emphasise a figure, short pauses for up to 4 bars may be permitted.
- 9) Where an entire team pauses to emphasise a figure etc. the pause must not exceed four bars of music. Pauses for longer than 4 bars by some team members are allowed (as in Ceili dancing) if other team members continue to dance.
- 10) Teachers are required to submit an account of their dance via email together with their music no later than **12th of July 2026**. to the nominated person. This account must not exceed 200 words.
- 11) Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same.
- 12) A dance must not exceed 4 minutes duration from the beginning to end of the dance. Each dance will be timed electronically on receipt of music, and the timing will commence from the start of the music playing and finish when the music stops. Music that exceeds four minutes will be returned to the teacher for amendment and must be resubmitted within the week. Additional music will be permitted for walk offs. Any team who is using music which has not been checked will not be able to compete.
- 13) Only Irish music or music of related ethnic origin in **2/4, 4/4, or 6/8**, or a combination of those times will be permitted. Any change of music must be for at least 16 bars.
- 14) The arrangements for musical accompaniment are set out below.
- 15) There is no restriction on hand movements and hand claps are permitted.
- 16) Elements to be considered in a team's performance include:
 - a) Portrayal of story through Dance
 - b) Figure Content
 - c) Footwork and execution
 - d) Teamwork and Presentation.
- 17) Directives from An Coimisiun as contained in the World Syllabus 2026 will apply.
- 18) Stance and body movement must be performed with modesty in mind
- 19) The throwing of a dancer or any form of acrobatics including, but not limited to somersaults, backward and forward rolls, handstands etc. are strictly prohibited.
- 20) The story will be read prior to each team's performance, and no music will be permitted while the story is being read.
- 21) The members of a team must be members of the same dancing school.
- 22) The names of all team members must be submitted by the official closing date of entries. Any subsequent changes must be notified to the Organising Committee prior to **12th of July 2026**.

CHOREOGRAPHY AND FIGURE DANCING CHAMPIONSHIPS

OWNERSHIP OF MUSIC

Teachers are permitted to use pre-recorded accompaniment for Choreography Sections. Where a team opts to use pre-recorded accompaniment, the teacher must comply with all rules pertaining to same (see below).

- 1) All pre-recorded music must be submitted electronically, via email in .mp3. All recordings **MUST** be received no later than **12th of July 2026**.
- 2) It is imperative that the person submitting music for use as accompaniment for a Choreography or Figure Dance either, owns all rights to the music, or has been licensed to use the music for the purpose of a stage performance. Teachers must submit the source of their music with their recording. Where a commercially produced work is included in such music, written evidence of appropriate licensing and /or permission from the musician must also be provided.
- 3) Only Irish music or music of related ethnic origin in the relevant timing for each Own Choreography or Figure section (2/4, 4/4 for Reels, 6/8 for Jigs, or a combination of 2/4, 4/4, or 6/8 time for Figure Dances) will be permitted.
- 4) Music must be instrumental in nature and must not contain voiced tracks where lyrics/words are discernible. Music submissions with ambient voice-like tracks with no words may be permitted. All music submitted will be checked by a designated member of the Organising Committee.
- 5) Timely submission of music tracks is essential to ensure all music is checked to ensure it meets all criteria outlined in this syllabus. Teachers submitting music that does not meet these criteria will be notified.

AIDA (SA,NT&TAS) INC. PHOTOGRAPHY POLICY

For the 2026 South Australian, Northern Territory and Tasmanian Regional Oireachtas, AIDA (SA,NT&TAS) Inc. may appoint an official photographer who will take photographs of competitors and presentations. Such photographs may be subsequently used for the marketing and promotional purposes of the organisation. Should any competitor wish to be excluded (or competitor's parent or guardian wish their child/children to be excluded) from any of these photographs, please advise **a member of AIDA (SA,NT&TAS) Inc.**

No cameras, tape recorders, video cameras, mobile phones cameras, pagers or mobile phones are to be used by members of the audience *whilst a competition is in progress*. Under Government copyright, privacy, and safety laws, all unauthorized recording of sound and image is strictly prohibited. Any offender will be requested to delete illegally copied audio/video and leave the audience.

Please Note

Other than the photographs taken by the AIDA (SA,NT&TAS) Inc. approved personnel, all photographs of competitors, competitions and presentations may only be taken for personal use. They may not be redistributed, sold, lent or passed on to third parties. They may also not be used for commercial purposes or used in any publication or website without the express written permission of AIDA (SA,NT&TAS) Inc and the parents or guardians of all competitors.

Live Streaming

Live streaming / or posting of results can occur at AIDA (SA,NT&TAS) Inc. Feiseanna. The live feed provider will be the AIDA (SA,NT&TAS) Inc. appointed Social Media Team who will take photographs and videos of competitors, competitions and prize giving ceremonies.

Such photographs and videos may be subsequently used for the marketing and promotional purposes of AIDA (SA,NT&TAS) Inc. and on AIDA (SA,NT&TAS) Inc. social media channels.

Consent

Consent to Photography: By entering and competing in the 2026 South Australian, Northern Territory and Tasmanian Regional Oireachtas, the competitor/guardian consents that the competitor's image, taken during the course of the competition and only by AIDA (SA,NT&TAS) approved personnel, may be taken and published by AIDA (SA,NT&TAS) Inc across their platforms, including but not limited to social media accounts, marketing and promotional materials, and official websites.

Should a competitor/guardian wish to opt-out of the Consent to Photography clause, thereby disallow the competitor's image to be published by AIDA (SA,NT&TAS), a letter needs to be sent to the Executive Committee of AIDA (SA,NT&TAS) explicitly stating an intention to opt-out of this clause and provide the competitors name, school, and section.

Consent to Videography and Live Streaming of Presentations: By participation in the 2026 South Australian, Northern Territory and Tasmanian Regional Oireachtas presentation, the competitor/guardian consents that photos / video recordings / live streaming of the competitor, taken during the course of the competition presentation, may be captured and published by AIDA (SA,NT&TAS) Inc across their platforms, including but not limited to social media accounts, marketing and promotional materials, and official websites.

PROFESSIONAL PHOTOGRAPHY EQUIPMENT will not be permitted inside the competition rooms with the exception of individuals that have AIDA (SA,NT&TAS) authority. Attendees are not allowed to bring zoom lenses greater than 70mm inside the dance events, and no individuals will be granted access to take photographs on or near the stage during the competitions

Executive AIDA (SA,NT&TAS) Inc.

APPENDIX A: 2026 SOLO CHAMPIONSHIPS

The age of a competitor shall be taken as on 1st January 2026. Where a competitor's birth date falls on 1st January he/she shall, for the purpose of the South Australian, Northern Territory and Tasmanian Regional Oireachtas, be regarded as under the age attained on that day.

Comp	Championship	Dance requirement	Age
1	6 years and Under Mixed	Light Jig (48 bars), Single Jig (48 bars), Reel 113 or 116 (48 bars)	2019 or later
2	Sub Minor Boys 7 Years & Under	Jig (32 bars), Reel and Traditional Set Dance	2018 or later
3	Sub Minor Girls 7 Years & Under	Jig (32 bars), Reel and Traditional Set Dance	2018 or later
4	Sub Minor Boys 8 Years	Jig (32 bars), Reel and Traditional Set Dance	2017
5	Sub Minor Girls 8 Years	Jig (32 bars), Reel and Traditional Set Dance	2017
6	Minor Boys 9 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2016
7	Minor Girls 9 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2016
8	Minor Boys 10 Years	Jig (48 bars), Reel and Set Dance in 2/4 or 4/4 Time	2015
9	Minor Girls 10 Years	Jig (48 bars), Slip Jig and Set Dance in 2/4 or 4/4 Time	2015
10	Junior Boys 11 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2014
11	Junior Girls 11 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2014
12	Junior Boys 12 Years	Jig (48 bars), Reel and Set Dance in 2/4 or 4/4 Time	2013
13	Junior Girls 12 Years	Jig (48 bars), Slip Jig and Set Dance in 2/4 or 4/4 Time	2013
14	Intermediate Boys 13 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2012
15	Intermediate Girls 13 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2012
16	Intermediate Boys 14 Years	Jig (48 bars), Reel and Set Dance in 2/4 or 4/4 Time	2011
17	Intermediate Girls 14 Years	Jig (48 bars), Slip Jig and Set Dance in 2/4 or 4/4 Time	2011
18	Senior Boys 15 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2010
19	Senior Girls 15 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2010
20	Senior Boys 16 Years	Jig (48 bars), Reel and Set Dance in 2/4 or 4/4 Time	2009
21	Senior Girls 16 Years	Jig (48 bars), Slip Jig and Set Dance in 2/4 or 4/4 Time	2009
22	Junior Men 17 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2008
23	Junior Ladies 17 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2008
24	Junior Men 18 Years	Jig (48 bars), Reel and Set Dance in 2/4 or 4/4 Time	2007
25	Junior Ladies 18 Years	Jig (48 bars), Slip Jig and Set Dance in 2/4 or 4/4 Time	2007
26	Men 19 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2006
27	Ladies 19 Years	Hornpipe (40 bars), Reel and Set Dance in 6/8 Time	2006
28	Senior Men 20 Years and Over	Jig (48 bars), Slip Jig and Set Dance in 2/4 or 4/4 Time	Before 2006
29	Senior Ladies 20 & 21 Years	Jig (48 bars), Slip Jig and Set Dance in 2/4 or 4/4 Time	2005 or 2004
30	Senior Ladies 22 Years & Over	Jig (48 bars), Slip Jig and Set Dance in 2/4 or 4/4 Time	Before 2004
31	Adult	Jig (32 bars), Reel or Slip jig and Traditional Set Dance	Before 2008
32	Session 1 TSD (<i>Intermediate 11-15</i>)	Traditional Set Dance	2016 to 2010
33	Session 2 TSD (<i>Minor 10 & U</i>)	Traditional Set Dance	2019 to 2015
34	Session 3 TSD (<i>Gentlemen's</i>)	Traditional Set Dance	Before 2020
35	Session 4 TSD (<i>Seniors 16 & O</i>)	Traditional Set Dance	Before 2010

APPENDIX B: SET DANCES PERMITTED

Only Set Dances included in the following list may be performed in competitions at the Championships. Minimum metronomic speeds as outlined below must be adhered to.

6/8 Time Dance	Min Speed
The Three Sea Captains	66
The Hurling Boys	66
Rub the Bag	66
Hurry the Jug	66
The Fiddler Around the Fairy Tree	66
The Blackthorn Stick	66
St Patrick's Day	66
Jockey to the Fair	66
Planxty Drury	66
Humours of Bandon	66
The Orange Rogue	66
Miss Brown's Fancy	66
Planxty Hugh O'Donnell	66
The Storyteller	66
The Drunken Gauger/The Funny Tailor	66
The Sprig of Shillelagh	66
The Wandering Musician	66
The Vanishing Lake	66
The Charlady	66
6/8 + 9/8 Time Dance	Min Speed
Is the Big Man Within?	66

2/4 Time Dance	Min Speed
The Lodge Road	76
Rodney's Glory	76
The Blackbird	76
Planxty Davis	76
King of the Fairies	76
The Downfall of Paris	76

4/4 Time Dance	Min Speed
Ace and Deuce of Piping	76
Youghal Harbour	76
The Hunt	76
Garden of Daisies	76
Job of Journeywork	76
Madame Bonaparte	76
The Piper thro' the Meadow Astraying	76
Kilkenny Races	76
The Rambling Rake	76
The White Blanket	76
Blue Eyed Rascal	76
The Roving Pedlar	76
The Four Masters	76

Traditional Set Dances may only be performed in Competitions 2, 3, 4, 5 and 31. Speeds noted must be adhered to:

Traditional Set Dances	Only Speed
St. Patricks Day	94
The Blackbird	144
Job of Journey Work	138
Garden of Daisies	138
King of the Fairies	130
Jockey to the Fair	90
Three Sea Captains	96

APPENDIX C: 2026 CEILI & FIGURE DANCING CHAMPIONSHIPS

Comp	Section	Speed	Details
36	4 Hand - Under 8 Combined	118	Walls of Limerick (64 bars)
37	4 Hand - Under 10 Combined	118	Walls of Limerick (64 bars)
38	4 Hand - Under 10 Girls	116	Four Hand Reel, 2 nd Figure
39	4 Hand - Under 10 Mixed	116	Four Hand Reel, 2 nd Figure
40	4 Hand - Under 12 Girls	116	Four Hand Reel, 2 nd Figure
41	4 Hand - Under 12 Mixed	116	Four Hand Reel, 2 nd Figure
42	4 Hand - Under 15 Girls	115??	Humours of Bandon, 2 nd Figure
43	4 Hand - Under 15 Mixed	115??	Humours of Bandon, 2 nd Figure
44	4 Hand - Under 18 Girls	116 or 113	Four Hand Reel, 1 st Figure
45	4 Hand - Under 18 Mixed	116 or 113	Four Hand Reel, 1 st Figure
46	4 Hand - Open Girls	115??	Humours of Bandon, 1 st Figure
47	4 Hand - Open Mixed	115??	Humours of Bandon, 1 st Figure
48	6 Hand - Under 12 Combined	116	Own Choice Dance
49	6 Hand - Under 15 Girls	114	Own Choice Dance
50	6 Hand - Under 15 Mixed	114	Own Choice Dance
51	6 Hand - Open Girls	114	Own Choice Dance
52	6 Hand - Open Mixed	114	Own Choice Dance
53	8 Hand - Under 10 Girls	O/C	Own Choice Figure
54	8 Hand - Under 10 Mixed	O/C	Own Choice Figure
55	8 Hand - Under 12 Girls	O/C	Own Choice Figure
56	8 Hand - Under 12 Mixed	O/C	Own Choice Figure
57	8 Hand - Under 15 Girls	O/C	Own Choice Figure
58	8 Hand - Under 15 Mixed	O/C	Own Choice Figure
59	8 Hand - Under 18 Girls	O/C	Own Choice Figure
60	8 Hand - Under 18 Mixed	O/C	Own Choice Figure
61	8 Hand - Open Girls	O/C	Own Choice Figure
62	8 Hand - Open Mixed	O/C	Own Choice Figure
63	Progressive - Under 12 Combined	116	Siege of Carrick (96 bars)
64	Progressive - Under 15 Combined	116	Harvest Time Jig (128 bars)
65	Progressive - Open Combined	116	Rince Fada (96 bars)
66	Progressive - Adult Combined	116	Antrim Reel (128 bars)
67	3 Hand - Under 12 Girls	Refer to Own Choreography Rules and Directions in Syllabus	
68	3 Hand - Under 12 Mixed	Refer to Own Choreography Rules and Directions in Syllabus	
69	3 Hand - 12-14 Years Combined	Refer to Own Choreography Rules and Directions in Syllabus	
70	2 Hand - 12-14 Years Girls	Refer to Own Choreography Rules and Directions in Syllabus	
71	2 Hand - 12-14 Years Mixed	Refer to Own Choreography Rules and Directions in Syllabus	
72	2 Hand - Over 15 Combined	Refer to Own Choreography Rules and Directions in Syllabus	
73	4 Hand - Over 15 Girls	Refer to Own Choreography Rules and Directions in Syllabus	
74	4 Hand - Over 15 Mixed	Refer to Own Choreography Rules and Directions in Syllabus	
75	Junior Figure - Under 12	Refer to Own Choreography Rules and Directions in Syllabus	
76	Intermediate Figure - Under 15	Refer to Own Choreography Rules and Directions in Syllabus	
77	Senior Figure - Open	Refer to Own Choreography Rules and Directions in Syllabus	

Dance	For the purpose of the Championships
Progressives	
Antrim Reel	Full dance twice through
Siege of Carrick	Full dance three times through
Harvest Time Jig	Full dance twice through
Rince Fada	Full dance three times through
Four Hands	
Walls of Limerick	Full dance twice through
Four Hand Reel	Lead, Body, and stipulated figure based on section
Humours of Bandon	Lead, Body, stipulated figure based on section, and Body
Six Hands	
Glencar Reel	Full dance twice through
Fairy Reel	Full dance
Duke Reel	Lead, Body, O/C Figure (All couples)
Eight Hands	
Lannigan's Ball	Full dance
Eight-hand Reel	Lead Around, Body, O/C Figure (Tops only)
Morris Reel	As Above
Cross Reel	As Above
Eight-hand Jig	As Above
St. Patrick's Day	As Above
Trip to the Cottage	Lead Around, Body, O/C Figure (1st Tops only)
High Cauleed Cap	Lead Around, Body, O/C Figure (1st Tops only)
Sweets of May	Ring, Body, 1 st figure, Body, 2 nd Figure
The Three Tunes	Ring, up to and including Hook and Chain
Gates of Derry	Advance and Retire, up until the Swing Around of the 1st repeat