



# TROUPES SYLLABUS 2025

**AGE OF ELDEST COMPETITOR AT 1/1/25**

**YOU MAY HAVE 2 DANCERS ONE YEAR OLDER  
EG. 6YRS & UNDER SECTIONS CAN HAVE 2 7YRS OLDS.**

**ENTRIES**

**[WWW.COMPS-ONLINE.COM.AU](http://WWW.COMPS-ONLINE.COM.AU)**

**ENQUIRIES [ADRENALINEDANCE2020@GMAIL.COM](mailto:ADRENALINEDANCE2020@GMAIL.COM)**

# ENTRY FEES

**TROUPE SECTIONS – \$80**

**COMPETITOR PASSES – \$30**

**ENTRIES WILL CLOSE WHEN AGE DIVISIONS  
ARE AT CAPACITY**

**TWO JUDGES FOR ALL COMPETITIONS**

**FREE ENTRY FOR ALL SPECTATORS**

**ENTRIES – [WWW.COMPS-ONLINE.COM.AU](http://WWW.COMPS-ONLINE.COM.AU)**

**PAYMENT PLAN**

**EMAIL – [ADRENALINEDANCE2020@GMAIL.COM](mailto:ADRENALINEDANCE2020@GMAIL.COM)**

# AGE GROUPS

AGE IS AT 1 JANUARY 2025

YOU CAN HAVE 2 DANCERS 1YRS OLDER

EG. 6YRS & UNDER SECTIONS CAN HAVE 2 7YR OLDS.

5YRS & UNDER

6YRS & UNDER

8YRS & UNDER

10YRS & UNDER

12YRS & UNDER

14YRS & UNDER

16YRS & UNDER

OPEN AGE

**SMALL TROUPES 9 – 11 DANCERS**

**LARGE TROUPES 12 OR MORE DANCERS**

**SMALL AND LARGE TROUPES MAY BE COMBINED**

**DEPENDING ON ENTRIES**

**MAXIMUM 2 ENTRIES PER SECTION – IF SAME DANCERS**

**TIME LIMIT – 5 MINS MAXIMUM**

**ANY ROUTINES WITH MUSIC OVER 5 MINS WILL BE FADED**

**AT 5 MINS – PLEASE ENSURE YOU HAVE CUT YOUR MUSIC**

**TO CORRECT TIME.**

# SECTIONS

## 5/U TROUPES

JAZZ

LYRICAL

ANY STYLE

## ALL OTHER AGE GROUPS

JAZZ

LYRICAL

CONTEMPORARY

BALLET

TAP

HIP HOP

ENTERTAINMENT – BROADWAY, MUSICAL THEATRE,  
SONG & DANCE, ACROBATICS



# HOW IT WILL WORK

**ALL TROUPES MUST DANCE IN ORDER OF PROGRAM –  
ABSOLUTELY NO EXCEPTIONS  
IF A FAST CHANGE IS REQUIRED WE WILL WAIT.**

**ALL COMPETITORS MUST PURCHASE A WRISTBAND PRIOR TO  
COMPETITION.**

**NO DANCER WILL BE PERMITTED TO DANCE WITHOUT A  
WRISTBAND.**

**WE WILL HAVE TWO JUDGES AT EACH SESSION.**

**EACH JUDGE WILL SCORE SEPARATELY, THEIR COMBINED  
SCORES WILL BE ADDED TOGETHER AT THE SCORERS TABLE  
AND PLACES WILL BE CALCULATED.**

**JUDGES WILL NOT CONFER WITH EACH OTHER ON PLACINGS.**

**AWARDS WILL BE AT END OF EACH SESSION.  
ALL SECTIONS WILL BE PLACED, THEN THE HIGHEST SCORING  
TROUPE FROM EACH AGE GROUP WILL BE ANNOUNCED.  
CASH PRIZES FOR ALL HIGHEST SCORING ROUTINES.**

# MUSIC

**WE WILL BE USING MUSICUPLOADS.COM.AU**

**YOU WILL NEED TO CREATE AN ACCOUNT AND  
ONCE ITS TIME TO UPLOAD MUSIC WE WILL LET  
YOU KNOW.**

**ALL MUSIC MUST BE UPLOADED BY DUE DATE.  
IF YOUR MUSIC HAS NOT BEEN UPLOADED BY  
DUE DATE YOU WILL NOT RECEIVE CRITIQUES.  
LATE MUSIC WILL INCUR A \$15 ADMIN FEE PER  
ROUTINE.**

**PLEASE MAKE SURE YOU HAVE A USB WITH  
BACKUP MUSIC.**

# **A COUPLE OF THINGS**

**PLEASE HAVE BIRTH CERTIFICATES FOR ALL DANCERS.  
NO PROOF OF AGE COULD LEAD TO DISQUALIFICATION IF  
DISPUTED.**

**IF YOUR TROUPE HAS ANY PROPS THAT REQUIRE CLEANING UP  
AFTER THEIR ROUTINE, IT IS YOUR RESPONSIBILITY TO CLEAN  
THE STAGE AND SUPPLY OWN CLEANING EQUIPMENT.**

**ALL DANCERS MUST HAVE ADULT SUPERVISION AT ALL TIMES.  
ALL DANCERS MUST CHANGE IN DRESSING ROOMS ONLY.**

**ABSOLUTELY NO PHOTOGRAPHY IN CHANGE ROOMS  
DO NOT USE TOILETS FOR CHANGING.  
EVERYONE ATTENDS ADRENALINE DANCE AT THEIR OWN RISK.  
JUDGES ARE NOT TO BE APPROACHED AT ANY TIME DURING  
COMPETITION.**

**IF A JUDGE IS UNABLE TO PERFORM HIS/HER DUTIES AD  
RESERVES THE RIGHT TO APPOINT A NEW JUDGE WITHOUT  
NOTICE.**



# VIDEO & PHOTOGRAPHY

**WE WILL HAVE THE AMAZING  
POINTE, SHOOT, LOUE  
AT ALL OUR COMPS.**

**NO PERSONAL VIDEOING OR PHOTOGRAPHY IS  
ALLOWED.**

**ANYONE FOUND TO BE DOING THIS WILL RISK  
DISQUALIFICATION FOR THEIR DANCER.**

# CREDITS & REFUNDS

**ADRENALINE DANCE DOES NOT OFFER REFUNDS OR  
CREDITS FOR TROUPE ENTRIES.**

**ALL DANCERS NAMES MUST BE ENTERED AND A  
COMPETITOR PASS PAID FOR.**

**NO REFUNDS FOR ANY COMPETITOR PASSES.**

**NO DANCERS WILL BE PERMITTED ON STAGE WITHOUT A  
WRISTBAND.**