

NSW Calisthenics Team Solo/Duo sections

Solos

Calisthenic Solo - Tinies 7 Years and Under
Calisthenic Solo - Sub Junior 8-10 Years
Calisthenic Solo - Junior 11- 13 Years
Calisthenic Solo - Intermediate 14 -17 Years
Calisthenic Solo - Senior 18 Years and Over
Calisthenic Solo - Masters 26 Years and Over
Graceful Solo - Tinies 7 Years and Under
Graceful Solo - Sub Junior 8-10 Years
Graceful Solo - Junior 11-13 Years
Graceful Solo - Intermediate 14-17 Years
Graceful Solo - Senior 18 Years and Over
Graceful Solo - Masters 26 Years and Over

Duos

Calisthenic Duo - Tinies 7 Years and Under
Calisthenic Duo - Sub Junior 8-10 Years
Calisthenic Duo - Junior 11-13 Years
Calisthenic Duo - Intermediate 14-17 Years
Calisthenic Duo - Senior 18 Years and Over
Calisthenic Duo - Masters 26 Years and Over