



COFFS HARBOUR & DISTRICT  
EISTEDDFOD SOCIETY

Arts | Performance | Community

# Coffs Harbour and District Dance Eisteddfod

## 2026

### Solos Week

### Dance Rules & Regulations



#### DANCE COMMITTEE 2026

#### DANCE COORDINATORS:

*Vaness Crossley, Loren Hodgson*

#### COMMITTEE:

*Ruth Harrison, Jodie Hodges, Peter Hodges, Ben Hodgson, Simone Lewis,  
Melissa McNally, Nicole Nealand, Linda Swain, Vanessa Veitch*



## COFFS HARBOUR & DISTRICT EISTEDDFOD SOCIETY

Arts | Performance | Community

### EXECUTIVE COMMITTEE

<b>President</b>	Peter Hodges
<b>Vice President</b>	Louise Ray
<b>Secretary</b>	Ben Hodgson
<b>Treasurer</b>	Sandra Goodby
<b>Website Coordinator</b>	Jodie Hodges
<b>Social Media &amp; Publicity Officer</b>	Melissa McNally
<b>Dance Coordinator</b>	Loren Hodgson, Vanessa Crossley

### CONTACT US

<b>Website</b>	<a href="http://www.coffseisteddfod.org.au/dance/">www.coffseisteddfod.org.au/dance/</a>
<b>Email</b>	<a href="mailto:dance@coffseisteddfod.org.au">dance@coffseisteddfod.org.au</a>
<b>Facebook</b>	<a href="https://www.facebook.com/CoffsHarbourDistrictDanceEisteddfod/">https://www.facebook.com/CoffsHarbourDistrictDanceEisteddfod/</a>
<b>Instagram</b>	<a href="https://www.instagram.com/coffsharbourdanceeisteddfod?r=nametag">https://www.instagram.com/coffsharbourdanceeisteddfod?r=nametag</a>
<b>Entries</b>	<a href="http://www.comps-online.com.au">www.comps-online.com.au</a>
<b>Music/Critiques</b>	<a href="http://www.musicuploads.com.au">www.musicuploads.com.au</a>

**Thank you to RJK Optometry for their incredible continued support in 2026!  
Your commitment to supporting the performing arts is deeply appreciated**



## EISTEDDFOD DATES 2026

**Solos** Thursday 11 June – Sunday 21 June 2026

**Venue** Jetty Memorial Theatre  
Harbour Drive, Coffs Harbour NSW 2450  
[www.jettytheatre.com](http://www.jettytheatre.com)

### Gala/Awards

**Junior** 1.30 pm Sunday 21 June 2026

**Senior** 5.30 pm Sunday 21 June 2026

**Venue** Jetty Memorial Theatre  
Harbour Drive, Coffs Harbour NSW 2450

### **Please note:**

Dates to be determined and finalised once entries have closed.

## ADJUDICATOR

Solos, Duos/Trios Christopher Favaloro

## AGE REQUIREMENTS

Solos, Duo/Trios Age at 1 June 2026

Championships/Scholarships Age at 1 June 2026

## ENTRIES

Closing Date Tuesday 31 March 2026

Closing late entries Sunday 5 April 2026

Online entries only [www.comps-online.com.au](http://www.comps-online.com.au)

### **All entries must be through Comps-Online.**

If you are having difficulty with an entry, please email [dance@coffseisteddfod.org.au](mailto:dance@coffseisteddfod.org.au). Please do not leave it to the last minute to enter.

### **Note:**

We strongly advise you to check your entry carefully before finalising. No changes will be made after Sunday 5 April 2026, unless the mistake is due to Committee error.

**Late entries or payments after Tuesday 31 March 2026 will incur a \$25 fee.**

## COMPETITOR ENTRY FEES

Encouragement Solo (6 years and under), dancers may enter two routines:	\$10		
All other Solos:	\$15	Duos/Trios:	\$20/\$30
Improvisations (U8, U10, U12):	\$10	Championships:	\$25
Improvisations (U14, Open):	\$15		

### Performance Scholarship fees include Masterclass in all styles

Classical, Modern, Jazz and Contemporary ( <b>Junior and Senior</b> ):	\$30
Tap ( <b>Senior only</b> ):	\$30

#### Note:

Dancers selected as Scholarship finalists will perform at the Gala/Awards events on Sunday 21 June 2026.

#### Soloist event fee

In addition to section entry fees, each soloist will be charged a \$30.00 event fee that covers the cost of programming, copyright fees and **unlimited admission to the Jetty Theatre for all competitors and spectators** during the Solos competition, excluding the Gala/Awards event on Sunday 21 June 2026.

#### CompsOnline fee

CompsOnline charges a \$5.00 online entry fee per invoice.

---

## MUSIC

Closing date	TBA
Online upload only	<a href="http://www.musicuploads.com.au">www.musicuploads.com.au</a>

#### Time limits

	Minimum	Maximum
Novice and Open	2 min	3 min
Improvisations	1 min	2 min
Duos/Trios	2 min	3 ½ min
Championships and Scholarships		
Junior	2 min	3 ½ min
Intermediate	2 min	3 ½ min
Open Age	2 min	4 min

## ADMISSION FEES

The \$30.00 event fee paid by each solo competitor covers the cost of **unlimited admission for all competitors and spectators during Solos Week**, excluding the Gala/Awards event on Sunday 21 June 2026.

## PROGRAMS

No preprinted programs will be available. Solos Week programs will be available to download from the CHDES Dance website: [www.coffseisteddfod.org.au/dance/](http://www.coffseisteddfod.org.au/dance/) Please check our website and social media pages regularly as the final published program (available approximately 6 weeks before the Eisteddfod starts) may be different to earlier drafts.

A link to a live schedule with real-time updates will also be available on the CHDES Dance website: [www.coffseisteddfod.org.au/dance/](http://www.coffseisteddfod.org.au/dance/)

## PROGRAM ADVERTISING

Our program is read by hundreds of dancers and their families from a huge area of NSW and SE Queensland. If you would like to advertise in the program, please contact the Sponsorship Coordinator at [community@coffseisteddfod.org.au](mailto:community@coffseisteddfod.org.au).

**Advertising needs to be finalised by Tuesday 31 March 2026.**

---

## VOLUNTEERS

Our wonderful event is organised and run solely by volunteers.

If you can spare some time to help during the Eisteddfod,  
please contact our Dance Coordinator at [dance@coffseisteddfod.com.au](mailto:dance@coffseisteddfod.com.au)

Experience is not necessary as you will be trained, and you will be warmly welcomed!

---

## SOLO SECTIONS

**Encouragement Solo – Any Style** – dancers may perform twice in this section  
See Dance Rule 7 for entry rules (maximum 2 teachers/helpers side stage)

510	6 Years and Under
-----	-------------------

## NOVICE SECTIONS

For competitors who have never won first place in the relevant genre in any Eisteddfod (online or on stage) prior to 31 March 2026.

Classical Ballet		Demi Character		Jazz	
511	8 Years and Under	531	8 Years and Under	631	8 Years and Under
512	10 Years and Under	532	10 Years and Under	632	10 Years and under
513	12 Years and Under	533	12 Years and Under	633	12 Years and Under
514	14 Years and Under	534	14 Years and Under	634	14 Years and Under
515	Open Age	535	Open Age	635	Open Age

Modern/Lyrical		Contemporary		Tap	
711	8 Years and Under			911	8 Years and Under
712	10 Years and Under	812	10 Years and Under	912	10 Years and Under
713	12 Years and Under	813	12 Years and Under	913	12 Years and Under
714	14 Years and Under	814	14 Years and Under	914	14 Years and Under
715	Open Age	815	Open Age	915	Open Age

## OPEN SECTIONS

For competitors who have won first place in the relevant genre in any Eisteddfod (online or on stage) prior to 31 March 2026.

Classical Ballet		Demi Character		Jazz	
521	8 Years and Under	541	8 Years and Under	641	8 Years and Under
522	10 Years and Under	542	10 Years and Under	642	10 Years and under
523	12 Years and Under	543	12 Years and Under	643	12 Years and Under
524	14 Years and Under	544	14 Years and Under	644	14 Years and Under
525	Open Age	545	Open Age	645	Open Age

Street Dance		Modern/Lyrical		Variety	
		721	8 Years and Under		
		722	10 Years and Under		
653	12 Years and Under	723	12 Years and Under	733	12 Years and Under
654	14 Years and Under	724	14 Years and Under	734	14 Years and Under
655	Open Age	725	Open Age	735	Open Age

Song And Dance		Contemporary		Own Choreography	
		822	10 Years and Under		
743	12 Years and Under	823	12 Years and Under	833	12 Years and Under
744	14 Years and Under	824	14 Years and Under	834	14 Years and Under
745	Open Age	825	Open Age	835	Open Age

Tap		Slow Tap		Waltz Tap	
921	8 Years and Under				
922	10 Years and Under	932	10 Years and Under	942	10 Years and Under
923	12 Years and Under	933	12 Years and Under	943	12 Years and Under
924	14 Years and Under	934	14 Years and Under	944	14 Years and Under
925	Open Age	935	Open Age	945	Open Age

All Abilities – participants may enter up to three performances	
709	Any Age – Any Style Solos, Duos/Trios, Small Groups (4-9 competitors), Groups (10+ competitors)

Duo/Trio – Any Style			
836	8 Years and Under	840	Open Age
837	10 Years and Under	990	Adult Dance - Ballet, Modern/Lyrical, Contemporary
838	12 Years and Under	991	Adult Dance - Jazz, Tap, Street Dance
839	14 Years and Under	992	Adult Dance - Any Other Style

## ADULT DANCE SECTIONS

For competitors who do not qualify to enter any other section at the Eisteddfod because of age or professional status, for example, dancers over 20 years of age, dance teachers, and dancers who have completed full-time studies (refer to Dance Rules 1–3). Duos and trios may also enter these sections.

Adult Dance	
990	Ballet, Modern/Lyrical, Contemporary
991	Jazz, Tap, Street Dance
992	Any Other Style

## IMPROVISATION SECTIONS

Classical Ballet		Demi Character		Jazz	
551	8 Years and Under			661	8 Years and Under
552	10 Years and Under	562	10 Years and Under	662	10 Years and under
553	12 Years and Under	563	12 Years and Under	663	12 Years and Under
554	14 Years and Under	564	14 Years and Under	664	14 Years and Under
555	Open Age	565	Open Age	665	Open Age

Street Dance		Modern/Lyrical		Contemporary	
		752	10 Years and Under	852	10 Years and Under
693	12 Years and Under	753	12 Years and Under	853	12 Years and Under
694	14 Years and Under	754	14 Years and Under	854	14 Years and Under
695	Open Age	755	Open Age	855	Open Age

Tap	
952	10 Years and Under
953	12 Years and Under
954	14 Years and Under
955	Open Age

## CHAMPIONSHIPS

### NOTE to all Championships entrants:

- All competitors must qualify in their open (**NOT** novice) age solo sections to be eligible to compete in the championships.
- Competitors' championship dances are to be a different to their open age solo routines.
- Tap Championship requires one of Open, Slow **or** Waltz Tap.

### JUNIOR CHAMPIONSHIPS – 12 Years and Under

Section No.	Section	Qualifying Dances	Dances required for Champ
571	Classical Ballet	<ul style="list-style-type: none"> <li>• Open Classical Ballet</li> <li>• Open Demi-Character</li> <li>• Age Classical Ballet Improvisation</li> </ul>	Classical Ballet solo Demi-Character solo
671	Jazz	<ul style="list-style-type: none"> <li>• Open Jazz or Street Dance</li> <li>• Age Jazz Improvisation</li> </ul>	Jazz Improvisation Jazz solo
771	Modern/Lyrical	<ul style="list-style-type: none"> <li>• Open Modern/Lyrical</li> <li>• Age Modern/Lyrical Improvisation</li> </ul>	Modern/Lyrical Improvisation Modern/Lyrical solo
871	Contemporary	<ul style="list-style-type: none"> <li>• Open Contemporary</li> <li>• Age Contemporary Improvisation</li> </ul>	Contemporary Improvisation Contemporary solo
971	Tap	<ul style="list-style-type: none"> <li>• Open, Slow or Waltz Tap</li> <li>• Age Tap Improvisation</li> </ul>	Slow OR Waltz Tap Speed Tap

## INTERMEDIATE CHAMPIONSHIPS – 14 Years and Under

Section No.	Section	Qualifying Dances	Dances required for Champ
572	Classical Ballet	<ul style="list-style-type: none"> <li>Open Classical Ballet</li> <li>Open Demi-Character</li> <li>Age Classical Ballet Improvisation</li> </ul>	Classical Ballet solo Demi-Character solo
672	Jazz	<ul style="list-style-type: none"> <li>Open Jazz or Street Dance</li> <li>Age Jazz Improvisation</li> </ul>	Jazz Improvisation Jazz solo
772	Modern/Lyrical	<ul style="list-style-type: none"> <li>Open Modern/Lyrical</li> <li>Age Modern/Lyrical Improvisation</li> </ul>	Modern/Lyrical Improvisation Modern/Lyrical solo
872	Contemporary	<ul style="list-style-type: none"> <li>Open Contemporary</li> <li>Age Contemporary Improvisation</li> </ul>	Contemporary Improvisation Contemporary solo
972	Tap	<ul style="list-style-type: none"> <li>Open, Slow or Waltz Tap</li> <li>Age Tap Improvisation</li> </ul>	Slow OR Waltz Tap Speed Tap

## SENIOR CHAMPIONSHIPS – Open Age

Section No.	Section	Qualifying Dances	Dances required for Champ
573	Classical Ballet	<ul style="list-style-type: none"> <li>Open Classical Ballet</li> <li>Open Demi-Character</li> <li>Age Classical Ballet Improvisation</li> </ul>	Classical Ballet solo Demi-Character solo
673	Jazz	<ul style="list-style-type: none"> <li>Open Jazz or Street Dance</li> <li>Age Jazz Improvisation</li> </ul>	Jazz Improvisation Jazz solo
773	Modern/Lyrical	<ul style="list-style-type: none"> <li>Open Modern/Lyrical</li> <li>Age Modern/Lyrical Improvisation</li> </ul>	Modern/Lyrical Improvisation Modern/Lyrical solo
873	Contemporary	<ul style="list-style-type: none"> <li>Open Contemporary</li> <li>Age Contemporary Improvisation</li> </ul>	Contemporary Improvisation Contemporary solo
973	Tap	<ul style="list-style-type: none"> <li>Open, Slow or Waltz Tap</li> <li>Age Tap Improvisation</li> </ul>	Slow OR Waltz Tap Speed Tap

## PERFORMANCE SCHOLARSHIPS/MASTERCLASSES

### Format

Competitors entering the scholarship will attend a Masterclass provided by CHDES and the adjudicator. Finalists will be selected to perform at the Gala/Awards events on Sunday 21 June 2026.

### Eligibility

To be eligible for Scholarships Masterclasses, performers must compete in the Open (**not Novice**) section of their relevant age and style, in addition to competing in the corresponding Improvisation section.

Performers do not have to enter Championships for scholarship eligibility.

### Entries

If a minimum of 8 entries in each scholarship/masterclass section are not received, the Committee may exercise their discretion to combine Scholarship/Masterclass sections.

### Dance attire

Improvisation rules apply. Female competitors: Plain leotard of one colour only. No patterns, lace, mesh or floral leotards. Plain shorts or plain ballet skirt may be worn. No adornments such as flowers, headbands, earrings, glitter etc. Male competitors: Plain slim-fit shirt or singlet, of one colour only, and plain shorts or tights.

## MASTERCLASS/SCHOLARSHIP – 12 Years and Under

Section No.	Section	Qualifying Dances	Dance required for Scholarship
581	Classical Ballet	Open Classical Ballet Classical Ballet Improvisation Masterclass	Classical Ballet solo
681	Jazz	Open Jazz or Street Dance Age Jazz Improvisation Masterclass	Jazz or Street Dance solo
781	Modern/Lyrical	Open Modern/Lyrical Age Modern/Lyrical Improvisation Masterclass	Modern/Lyrical solo
881	Contemporary	Open Contemporary Age Contemporary Improvisation Masterclass	Contemporary solo

## MASTERCLASS/SCHOLARSHIP – 13 Years and Over

Section No.	Section	Qualifying Dances	Dance required for Scholarship
583	Classical Ballet	Open Classical Ballet Classical Ballet Improvisation Masterclass	Classical Ballet solo
683	Jazz	Open Jazz or Street Dance Age Jazz Improvisation Masterclass	Jazz or Street Dance solo
783	Modern/Lyrical	Open Modern/Lyrical Age Modern/Lyrical Improvisation Masterclass	Modern/Lyrical solo
883	Contemporary	Open Contemporary Age Contemporary Improvisation Masterclass	Contemporary solo
983	Tap	Open Tap Age Tap Improvisation Masterclass	Any style Tap (excluding Song & Dance)

---

### SPONSORSHIP

Please consider supporting our not-for-profit event.

Donations can be made through CompsOnline and will be acknowledged in the program.

Sponsorship and advertising packages are also available.

Please contact [community@coffseisteddfod.org.au](mailto:community@coffseisteddfod.org.au) for a Sponsorship Prospectus.

---

## MONETARY SCHOLARSHIPS

These scholarships are intended for the extension of studies. Monetary Scholarship winners are eligible to earn scholarships in any one section for two years, after which they become ineligible in that section for the following two years.

Monetary Scholarships are awarded at the discretion of the Adjudicator from the eligibility list supplied by the Dance Committee. To be eligible for the following Monetary Scholarships competitors must perform in age sections as follows.

It **EXCLUDES NOVICE SECTIONS**.

UNRESTRICTED SCHOLARSHIPS			
	Necessary qualifying sections for eligibility list		
<b>Classical Ballet</b>	Classical Solo	Classical or Demi-Character Improvisation	Demi-Character Solo
<b>Jazz</b>	Jazz Solo	Jazz Improvisation	Modern/Lyrical Solo
<b>Tap</b>	Tap Solo	Tap Improvisation	Waltz or Slow Tap Solo
<b>Contemporary</b>	Contemporary Solo	Contemporary Improvisation	

RESTRICTED SCHOLARSHIPS*			
	Necessary qualifying sections for eligibility list		
<b>Classical Ballet</b>	Classical Solo	Classical or Demi-Character Improvisation	Demi-Character Solo
<b>Jazz</b>	Jazz Solo	Jazz Improvisation	Modern/Lyrical Solo
<b>Tap</b>	Tap Solo	Tap Improvisation	Waltz or Slow Tap Solo
<b>Contemporary</b>	Contemporary Solo	Contemporary Improvisation	

**\*Restricted Scholarship** – to be eligible, competitors must live and attend dance classes within a 75km radius of Coffs Harbour CBD.

## 2026 UPDATES AND REMINDERS

### IMPORTANT NOTES

- Entries close Tuesday 31 March 2026. **Late entries close Sunday 5 April 2026 and will incur a \$25 fee.**
- All information in the 2026 Rules & Regulations is subject to NSW Health Guidelines at the time of the competition. Any changes that are required to comply with any directions will be made and refunds for entry fees provided to any affected parties minus any booking fees.

### CHANGES TO OUR 2026 EVENT

- An **All Abilities** section (709) will be introduced in 2026 for dancers with special needs. The section is open to soloists, duos/trios, and groups, and may be incorporated into the Education Schools or Groups Weekend program, depending on entries. Participants may enter up to three performances.
- **Street Dance improvisation** sections (693, 694, 695) have been introduced for U12, U14 and Open age groups.
- **Adult Dance sections** (990, 991, 992) will be trialled in 2026, to encourage participation by anyone in our community who loves movement and performance, regardless of age. Soloists may enter up to three performances in a section, provided each dance is a different style. Duos and trios may also enter.
- **New Dance Rule 23 has been added regarding privacy and the use of images.** Please read carefully and contact the Committee if required.

### GENERAL RULES

- The CHDES Rules & Regulations have been updated and are available on the CHDES website at <https://coffseisteddfod.org.au/>. Please ensure you are familiar with the rules before the competition.

### REMINDERS

- The \$30.00 event fee paid by each solo competitor covers the cost of **unlimited admission to the Jetty Theatre for all competitors and spectators during Solos Week**, excluding the Gala/Awards event. Families and supporters are encouraged to take advantage of this great offer and join the audience to enjoy the incredible talent on stage.
- **Dance tights or shorts are compulsory.** In the spirit of our family-orientated event, and in the interests of child protection, please ensure that all dancers wear tights **or** mid length shorts during their performances.
- **Appropriate costuming, language and choreography.** Please ensure that the content of all performances is appropriate for all age groups. A reminder that routines that include bad language and/or adult costuming or themes are not appropriate for our event. Competitors may be stopped and disqualified at the discretion of the Adjudicator or Committee.
- **Entrants must leave the stage surface unaltered.** If the performance requires extensive clean-up (e.g. petals, confetti, or feathers), please contact the Dance Coordinator for further information. No performer is to wear body paint unless required in the National/Cultural section.
- **Variety:** Song and Dance items are not eligible for entry in Variety. Please enter sections 743, 744, or 745.
- No large props allowed.
- No teachers permitted backstage, with the exception of Encouragement Solo (Under 6) and Under 8 sections.
- **Solo age cut-off is 1 June 2026.** The competitor's age is taken to be their age as of 1 June 2026.
- **Novice eligibility cut-off is 31 March 2026.** If a competitor has never won a first place in the relevant category in any Eisteddfod (online or on stage) prior to 31 March 2026, they are eligible to compete in the Novice section.

- **Scholarship** qualification. Performers do not have to enter Championships for scholarship eligibility. To qualify, performers must compete in the Open (**not Novice**) section of their relevant age and style, in **addition** to competing in the corresponding Improvisation section.
- **Demi-Character Soloists:** Competitors in Demi-Character sections must tell the backstage manager the title of their demi-character before the section begins.
- Due to WHS requirements **no** competitor is permitted to **jump, leave or enter the stage from the front.** Competitors may sit on the front of the stage as part of their routine but may not exit from the front of the stage.

---

## DANCE RULES: SOLOS WEEK

To be read in conjunction with the CHDES General Eisteddfod Rules 2026,  
available on the CHDES website: [www.coffseisteddfod.org.au](http://www.coffseisteddfod.org.au)

---

### COMPETITORS

1. All Solo sections are open to **AMATEURS** only. Professional dancers and teachers who derive a living from dance are not permitted to compete at the Coffs Harbour & District Dance Eisteddfod, with the exception of some Group sections and the Adult Open solo sections.

**Professional Dancer Defined:** Any person who has ever been a cast member and received payment for any professional dance, TV, Musical or Theatre production with a running time of four weeks or more is considered a professional and may not compete in the Coffs Harbour & District Dance Eisteddfod.

**Teacher Defined:** A person who is or has ever been employed to teach dance professionally, e.g., has teaching qualifications or has been listed as teaching staff of a dance school on a full-time or part-time basis.

A person who owns, manages, or is the principal teacher of a Performing Arts, Musical, or Dance studio shall not be eligible to enter any section of the Eisteddfod, unless it is Mature and Motivated, Teacher Feature, or Adult Open sections.

2. **Full-time dance students** will not be permitted to compete at the Coffs Harbour and District Dance Eisteddfod. The definition of 'full-time dance students' for the purpose of competing in this Eisteddfod is any dancer enrolled in a full-time education dance course in any dance discipline regardless of actual hours involved (e.g. Certificate IV, Diploma or Bachelor of Dance). This includes dancers enrolled in correspondence schooling to train for dance full time.

3. **Student teachers.** Any student who teaches dance part-time at the dance school or schools they currently attend are considered amateurs and as such are eligible to dance in all open sections of the Coffs Harbour & District Dance Eisteddfod. Full-time students attending Performance Schools are ineligible to enter. Where it is identified that a Teacher (not Student Teacher) is participating in a Group or Solo section (other than Mature & Motivated, Teacher Feature, or Adult Open sections) that group or soloist WILL BE DISQUALIFIED.

### SOLO SECTIONS

4. **Song and Dance:** No backing vocals will be permitted. Must include 50% singing and 50% dancing.

5. **Variety:** Can be any dance style not already included in the list of sections, e.g. Comedy, Acro, National Character etc. Song and Dance items are not eligible for entry in Variety.

6. **Street Dance:** Any modern style including hip hop, funk and break. With relaxed arms and body, wearing street style shoes and clothing.

7. **6 years and Under - Encouragement Solo (510):** This section is non-competitive but will receive an adjudication critique. It is designed to nurture our young dancers. Each competitor will receive an Encouragement Award. A dancer may enter in this section twice, provided that a different style has been chosen from the following: Classical, Demi-Character, Modern/Lyrical, Jazz or Tap, however will only receive one award. Entrants are unable to compete in Under 8 sections if they compete in this section, with the exception of Improvisation sections.

8. **Improvisations:** Music will be chosen by the Adjudicator. Dancers must not have access to mobile phones or other electronic devices. Competitors in Demi-Character improvisations will be shown the prop/s or theme, if applicable, before hearing the music.

Female competitors: Plain leotard must be worn, of one colour only. To avoid disappointment or disqualification, please ensure there are no patterned, lace, mesh, or floral leotards. Plain shorts or plain short ballet skirt may be worn. See examples below.

Male competitors: Plain slim-fit shirt or singlet, of one colour only, and plain shorts or tights. See examples below.

No adornments such as flowers, headbands, earrings, glitter etc. The purpose of the plain dancewear is to ensure that all competitors are adjudicated on their interpretation of the music and steps performed, not on their 'costume'.



9. Competitors may dance in one solo only for each style of dance, with the exception of Championships and Scholarships. No competitor will be allowed to perform the same item twice, with the exception of Scholarships. A competitor may not dance in a Novice section and an Open section in the same style. A competitor may not dance in multiple age groups in the same style.

10. Competitors must qualify in their Open (not Novice) solo sections in their respective age divisions to be eligible to compete in Championships. Championship dances must be different to age qualifying dances.

11. Duo/Trio: Competitors dance in the age section of the eldest competitor. A competitor may perform more than once in the Duo/Trio section but in a different style and **cannot substitute partners after entry has been accepted or dance in other age groups.**

12. In the event of a section receiving fewer than three entrants, the committee reserves the right to merge age sections.

## ON STAGE

13. **Appropriate costuming, language and choreography.** Please ensure that the content of all performances is appropriate for all audience age groups. Offensive language and adult costuming and themes are considered inappropriate for Eisteddfods. Disqualification is at the discretion of the Adjudicator or Committee.

14. **No large props allowed.** Simple hand-held props (basket, scarf, doll, flowers, etc.) are permitted only if used in the routine. Each entrant is responsible for placing and removing their items on stage. Props must be easily carried backstage by the entrant without any assistance. No props requiring assembly on site will be permitted for safety reasons. Due to WHS requirements, props are to be brought backstage at the start of the section and removed at the end of the section. Due to limited change room space, we ask that props are promptly removed at the end of the session. Props may be more severely limited if COVID restrictions are still in place. Please consider the size of the stage at the performance venue.

15. **Time limits will be enforced.** The Adjudicator is entitled to ring off any competitor who does not adhere to the time limits as described in the schedule (see page 4 for more information. Please choose your music accordingly.

16. Prompting or assistance of any kind must not be given. Parents and Teachers must leave the stage area during an item except for Solo sections 8 Years and Under (one support person only) and Encouragement Solo (up to two support persons). Backstage Assistants will help with props as required, i.e. if a prop needs to be handed to a dancer.

17. Any performer who leaves the stage during their solo routine may perform the routine again and will receive an Adjudicator's critique, however, they are ineligible to place.

18. The Adjudicator may abbreviate or stop a dance at their discretion. This does not mean disqualification.

## VENUE

19. The stage is covered by Tarkett. PLEASE check tap shoes for protruding screws. The Solos venue does NOT have a sprung floor. Gymnastic/acro routines are performed at the competitor's own risk. Performers are also to take duty of care for their own performance to reduce risk and injury. Entrants are responsible for their own property and belongings.

Stage performance dimensions are approximately: 7.5 metres wide × 7.5 metres deep; two wings

20. Curtains will not be used.

21. The Workcover Authority requires that all electrical equipment used at our dance venues, e.g. hairdryers, hair straighteners etc., be inspected by an authorised electrician and be tagged as required.

## COPYRIGHT

22. Private videography and photography with any device is prohibited in the auditorium or the change rooms at all times. The Coffs Harbour and District Eisteddfod Society has engaged professionals who have sole rights and comply with the Information Privacy Act. Breaches of this rule may cause disqualification of the studio represented by the infringing parent/s or friends. Rules and regulations as set down by Australasian Performing Right Association (APRA). Compliance with Copyright Law is the responsibility of the individual. Each competitor agrees to indemnify and hold harmless the Coffs Harbour and District Eisteddfod Society Inc. against any breach of Copyright. Each Competitor is responsible for obtaining permission from the copyright owner. These rules are in accordance with the directions of APRA, the Australasian Mechanical Copyright Owners Society (AMCOS) and Copyright Agencies Limited (CAL). All entrants will be required to supply their studio's APRA registration number in their entry.

## PRIVACY AND USE OF IMAGES

23. By submitting an entry to the Coffs Harbour & District Eisteddfod, you **acknowledge and consent to the recording, use and publication of images and/or footage** for promotional, marketing and media purposes, including on social media and in media releases. If you do not consent to this use, you must notify the event coordinators or the Executive Committee in writing prior to participation.

## MUSIC

24. Competitors must upload their music to Music Uploads online ([www.musicuploads.com.au](http://www.musicuploads.com.au)) by the date specified by the Dance Committee. No other options will be given. This is a low-cost service that stores your music and voice critiques in one location and can be used at other participating competitions. Please refer to the Music Uploads website for full information. It is the responsibility of the competitors to ensure that they have the correct music files uploaded to each routine. You can change your music files at any time before the cut-off dates (TBA).

## AUDIENCE ETIQUETTE

25. Discourtesy to other competitors, volunteers, parents, or the Dance Committee will not be tolerated and may lead to disqualification of the solo performer or their Group. The Committee reserves the right to ask someone to leave who is causing disruption or refusing to follow the direction of the Committee or an official in the Auditorium. The Committee's decision is final.
26. All **mobile phones and electronic devices** must be turned off while in the auditorium.
27. Private videography and photography with any device is prohibited in the auditorium or the change rooms at all times.

### PLEASE NOTE:

The above rules pertain to **Solos Week**.

There are separate Dance Eisteddfod Rules and Regulations for Schools Day and Groups Weekend.

**Please refer to our website to download the correct Regulations.**