

FRONT AND CENTRE: RULES AND REGULATIONS 2026



1. ALL competitors enter and dance at this competition at their own risk.

2. Competition is open to both amateur and professional dancers.

3. AGE LIMITS:

3.1 Age is to be taken from 1st January. In the case of a query of a competitor's age a birth certificate will be required to be produced.

4. ADJUDICATOR:

4.1 The decisions of the adjudicators are final and no discussion or correspondence can be entered into.

4.2 No person other than committee members may communicate with the adjudicator during the course of the competition.

4.3 No competitor is eligible to enter if they have attended any class conducted by the adjudicator on a regular basis in the 3 months prior to their appearance at the eisteddfod.

5. COPYRIGHT:

5.1 In accordance with federal statutes, competitors must use original material or have permission from the relevant owners of copyright. The committee will not be held responsible for any copyright infringements.

5.2 Competitors who leave a dance school are not allowed to perform any routines taught by the previous teacher. A competitor who has transferred to a new dancing school is ineligible to compete for a period of three months from the date of leaving previous school.

6. TIME LIMITS:

6.1 Time limits must be strictly adhered to. Competitors going over time limits will be disqualified. ALL performances will be timed.

6.2 Timing commences once a competitor enters the stage or the music starts, whichever comes first.

8. BACKSTAGE:

8.1 Parents are not permitted backstage unless by prior arrangement with the stage manager on duty

9. PROMPTING:

9.1 No prompting is permitted side stage exclusion under 6 years.

10. RESTARTS:

10.1 A competitor who commences performing an item and stops will be allowed to restart the item at the end of the section for a critique only. However, if the restart is caused by technical fault of equipment, restart will be tolerated provided the fault is quickly corrected.

11. LIMITED COMPETITION:

11.1 A competitor can only appear once in any section except for troupe interchanges.

11.2 The eisteddfod reserves the right to cancel or combine any section at their discretion. Where large entries are received in a section this may be divided at the discretion of the eisteddfod.

11.3 Troupes must have a minimum of 5 competitors or they compete for a critique only. Entries must be accompanied by a list showing name and age of each troupe member to be accepted.

11.4 Competitors entering solo sections shall only enter their own age groups unless a particular section is not offered in an age group, then competitors may enter the next available age group.

11.5 This competition is open to all dancers.

11.6 ALL CHANGES will not be accepted without a \$20 fee if program has been submitted to music uploads. If music uploads has closed the fee is \$50

12. Troupe Interchanges: Teachers entering two or more troupes in the same section will be allowed an interchange of two (2) performers per section

13. Entry fees:

13.1 Competitors are not entitled to a refund in cases of nonappearance in any section

13.2 All entrants must pay a registration fee on the day of \$30 for any one competition (including troupe members). The wristband must be worn at all times (including stage performances). No competitor will be allowed to perform without a wristband and may result in disqualification. If band is lost or broken it may be replaced if registration desk has marked the name as paid.

14. CASH PRIZES:

14.1 Where there is a tie for a cash prize, it will be equally divided between the winners.

15. PROTESTS:

15.1 Any complaint made by an individual against the organization or the adjudication of the event must be made in writing, giving the complainant's full name and address, and shall be lodged with the organizer on the day of the

event. Such complaint must be accompanied by a \$20.00 fee which is non refundable if the complaint is deemed frivolous.

15.2 Rehearsing on stage is prohibited, and will result in disqualification.

16. AUDIO EQUIPMENT AND EFFECTS:

16.1 All music is to be uploaded to music uploads by 5.00pm the day nominated. If not uploaded by 5.00pm a \$50 late fee will incur. All crits will be uploaded the night of competition.

16.2 Vocals of any sort on recordings are NOT permitted for song and dance or song and tap sections.

16.3 Pre-recorded tapping is not permitted in any tap, or song and tap sections.

16.4 No special lighting effects may be used for solo/duo/trio/quad sections.

16.6 Lights may be attached to competitor's scenery and backdrops, but not to theatre curtains.

16.7 Naked flames, fuel lamps, lighted cigarettes, fireworks or apparatus capable of causing fire or smoke are NOT permitted. Glass and mirrors also not permitted. Balloons are not permitted

16.8 The front curtain will not be used for solo/duo/trio/quad sections. The mid curtain may be used.

16.9 All props must be removed from the stage area on the day of use, and not stored back stage.

17. GENERAL RULES:

17.1 No videos or cameras are permitted to be used in the auditorium. Offenders will be removed and the film or image will be destroyed. If video is of own performer, music stopped and points will be deducted. There will also be a 6 month ban for the parent and student / or students.

17.2 No mobile phones or pagers. The use of these during the competition is strictly prohibited. Please remember to switch off all such devices while in the auditorium.

17.3 *****Tights are to be worn by all competitors***** (boys are exempt if pant length is midthigh), there will be 10 points deducted if tights are not worn.

18. ROSIN: No rosin is allowed within the theatre premises. This is a direction from venue management. Any student not adhering to this rule will be liable for disqualification.

19. BODY PIERCING: The Committee holds no responsibility for dancers who obtain a physical injury caused directly by any form of body piercing. The Committee strongly advises¹⁰³ the removal of body piercing by competitors during their performance.

20. SECTIONS:

20.1 Ballet - shall be based on classical techniques. In solos, short ballet tutus to

be worn by girls; props and accessories **NOT** to be used.

20.2 Demi-Character - a clear portrayal of a character or story by acting ability and expressive dancing using classical technique. Use of props is permitted.

20.3 National - a theatrically choreographed presentation of a Folk Dance.

Dance, costume and music should be authentic of the country portrayed.

20.4 Neo-Classical/Lyrical/Contemporary - modern creative styles

20.5 Song and Dance - any dance style can be used, but no tapping allowed.

20.6 Song and Tap - dance style shall be tapping only.

20.7 Song and Dance/Tap - All vocal work must be performed live by members of the item. If recorded music is used, it must **NOT** contain any speaking or singing throughout the recording. No assistance with singing, this includes teachers or non-members of the group

20.8 Jazz - shall include Jazz, Disco, Cabaret, and Musical Comedy (Musical Theatre) Styles.

20.9 Funk/Hip Hop – commercial style as seen on film clips not to have technical jazz aspects. No classical lines. Must only appear in Hip Hop/Funk sections.

20.10 Music Theatre – a theatrically choreographed presentation of a music theatre or Broadway show item. This may or may not be lip synced

20.11 Voice Over: any dance style can be used.

20.12 Variation - It is advised to not change the choreography as the adjudicator will be looking for as close a replication of the original choreography and costuming. Please see attached list of variations.

20.13 JAZZ (no tricks) - Jazz, Disco, Cabaret, Broadway, Commercial and Musical Comedy (Musical Theatre) styles. Must NOT include ANY TRICKS, this includes cartwheels, walkovers and headstands. Can include leaps, split jumps and leg mounts. Note: An award will not be given to any Dancer who does not comply with this rule.

22. AGGREGATES:

22.1 Aggregate points will be awarded to competitors gaining 1st, 2nd, 3rd, or HM in OPEN solo sections. To be eligible for an aggregate a competitor must have a minimum of 6 points. Points are as follows:

1st=5 points, 2nd=3 points, 3rd=2 points, HM=1 point

In the case of a tie, a count back will occur.

23. The Committee reserves the right to amend or refuse any entry on any grounds. Any competitors, relative or a teacher who approaches an adjudicator without the presence of a Committee member before or during the competition will cause disqualification of their own student.

24. The Committee reserves the right to refuse any entry.

25.23. CHAMPIONSHIPS:

Championships will be offered at each regional competition as follows:

MUSIC THEATRE CHAMPIONSHIP - COROWA

Two dances to be performed.

A) Song and Dance /Song and Tap/ Musical Theatre

B) Jazz or Tap

To qualify competitors must have performed in both corresponding OPEN sections that they will perform in this championship AND JAZZ IMPROVISATION

TAP CHAMPIONSHIP: KYABRAM

One dance to be performed

Two tempo (slow into fast) routine to be performed without leaving the stage.

To qualify competitors must perform in OPEN tap solo and another OPEN solo section in their own age group tap improvisation

CLASSICAL CHAMPIONSHIP: MANSFIELD

Two dances to be performed

A) Classical Ballet,

B) Demi-character

To qualify competitors must perform in both OPEN Demi-character and OPEN Classical sections in their own age group and classical improvisation

JAZZ CHAMPIONSHIP: WODONGA

Two dances to be performed.

A) Jazz,

B) J Funk/Hip Hop

To qualify competitors must have performed in both corresponding OPEN sections that they will perform in this championship and hiphop improvisation

MODERN CHAMPIONSHIP: MYRTLEFORD

Two dances to be performed

A) Neo-classical/lyrical solo,

B) Contemporary solo.

To qualify competitors must have performed in both corresponding OPEN sections that they will perform in this championship and lyrical improvisation

ANY STYLE CHAMPIONSHIP : RUTHERGLEN

A) Classical, Lyrical, Neo-classical, Demi Character, Contemporary, National

B) Jazz, Tap, Hip Hop, Song and Dance , Song and Tap, Musical theatre, Voice over

To qualify competitors must have performed in both corresponding OPEN sections that they will perform in this championship AND JAZZ IMPROVISATION

No dances that have been performed in a qualifying section are to be repeated in the championships.

Points from improvisation will go towards championship

VARIATION LIST

Junior Classical Variation List

No pointe allowed

8 Under 12 years

1. Flower Festival: Girls Solo Flower Festival
2. Peasant Pas 2nd Solo Giselle Act 1
3. Kirov version – Peasant Pas 2nd Solo Giselle- Act 1
4. Florestan/ Jewels 1st solo Sleeping Beauty – Act 3
5. Cupid Don Quixote or Paquita- Act 3
6. 2nd Shade La Bayadere
7. Lise La Filee Mal Gardee- Act 2

Intermediate Classical Variation List

12 under 15

(Flat or Pointe)

1. Cyrstal Fountain (1st Fairy solo) Sleeping Beauty- Prologue
2. Odalisque 2nd Solo Le Cordaire
3. Odalisque 3rd solo Le Cordaire
4. 1st Shade Variation La Bayadere
5. Bluebird sleeping Beauty -Act 3
6. Giselle Giselle -Act1
7. Lilac Fairy Sleeping Beauty – Prologue
8. Kitri's Wedding Don Quixote -Act 3
9. Auroras Wedding Sleeping Beauty -Act 3
10. Odile (Black Swan) Swan Lake -Act 3
11. Swanhilda solo Coppelia -Act 1
12. Rose Fairy sleeping Beauty -Prologue

Senior Classical Variation List

(Pointe)

15-25 YEARS

1. Cyrstal Fountain (1st Fairy solo) Sleeping Beauty- Prologue
2. Odalisque 2nd Solo Le Cordaire
3. Odalisque 3rd solo Le Cordaire
4. 1st Shade Variation La Bayadere
5. Bluebird sleeping Beauty -Act 3
6. Giselle Giselle -Act1
7. Lilac Fairy Sleeping Beauty – Prologue
8. Kitris Wedding Don Quixote -Act 3
9. Auroras Wedding Sleeping Beauty -Act 3
10. Odile (Black Swan) Swan Lake -Act 3
11. Swanhilda solo Coppelia -Act 1
12. Rose Fairy sleeping Beauty -Prologue
13. 1st Shade Variation La Bayadere
14. 3rd shade Variation La Bayadere
15. Gamzatti La Bayadere -Act 2
16. Paquita 1 Paquita
- 17 Paquita 8 Paquita

Please note :

1. Variations may be adapted slightly to suit the dancers capabilities but we ask to stay as close to the choreography that has been set as possible
2. Costumes need to be as close to the original if possible

TIME LIMITS

SOLOS

(Classical, Demi-Character, National, Neo/Lyrical, Contemporary, Jazz, Music Theatre, Tap, Own Choreography, Funk/Hip Hop, Voice Over) **3 minutes**
(Song and dance, Song and tap) **4 minutes**

DUO/TRIO/QUAD 3 minutes

DUO/TRIO/QUAD Song & Dance /Song & Tap **4 minutes**

TROUPES 5 minutes

COSTS:

REGISATRATION BAND PAYABLE ON THE DAY : \$30

SOLO- \$35

DUO/TRIO/QUAD- \$40

TROUPES- \$45

IMPROVISATIONS- \$35

CHAMPIONSHIP- \$40

VARIATION-\$35

MOST OUTSTANDING PERFORMER – \$35

AUDIENCE ADMISSION : Free entry to events