

# Dance - Solo, Duo & Trio Syllabus NOWRA - 18th & 19th October 2025

**Location**: Nowra School of Arts

Adjudicator: TBA

Age as at first day of competition

Entries close: 30th September 2025 Late Entries may be accepted depending on availability

Enter Via: www.comps-online.com.au

What's Included in your Entry Fee...

Audio/video critique of each performance from knowledgeable and respected adjudicator

Professional video recording of each performance

Tiara/Trophy
1st Place

Custom Medals 2nd & 3rd place

Custom Ribbons Highly Commended

**Title Awards** 

**Special Awards for Petites** 

Free door entry for all spectators

Free and easy music unloads

**Digital Program** 

**Entry Fee** 

Improvisations \$15
Title Award \$45



Solos \$32 Duos/Trios \$40



**Entrant Fee \$28** 

Entries will only be accepted via the official online method, on or before the nominated closing date (or when the allocation has been reached) as specified. Correctness and approval of entries is the sole responsibility of the entrant.

#### Changes made due to incorrect entry after submission will incur a \$10 fee per change.

Should any circumstances change which are out of our control and in turn forces the event to not be able to proceed, all entries will be refunded (minus \$10 admin fee) within 30 days of the event date. Medical/injury withdrawals **may** be credited at the discretion of the organisers after receiving official proof of inability to perform at least 48hrs prior to the commencement of the event. Credits are not offered for a clash due to personal circumstances or last minute withdrawals.

This is a family friendly performing arts event. Please take your costuming, music and lyrics into consideration.

Performances must be age appropriate. Royale Staff are dedicated to providing a positive performance experience.

# Rules of the Royale Performing Arts Challenge

## **Adjudicator**

• The Adjudicator's decision is final. We trust the decisions of our professional adjudicators with their scoring and non-biased critiques.

#### **Event Organisers**

- The organisers reserve the right to adjust the running order within a session at any time. This may be to accommodate a costume change for example and any deviation from the published program will not disadvantage any competitor.
- The organisers reserve the right to merge genres and/or age groups if deemed appropriate for competition purposes. If this occurs the genres of performances will be noted in the program.
- All correspondence including programs, audio critiques and video recordings will be provided via digital delivery. Please be accurate when supplying your email address as part of the entry process.
- The Organisers shall decide on any matter not covered by these rules and their decisions on any question/s or dispute/s shall be final.

#### **Performer Entry**

- This performing arts challenge is open to amateur performers only.
- No entry will be accepted without <u>full payment</u>, there are no exceptions to this. No Entry will be included in the program until all outstanding amounts are paid. There will be no refund if, after entries close, the competitor does not perform at this event. In the case of medical mishaps a credit may be offered where valid proof (GP Medical Certificate) is received prior to the commencement of the event.
- Age will be determined as at the first day of competition. Performers should enter and compete in their own age group. There is to be no performer older than the age group they have entered however performers MAY enter the next age group above in order to perform extra routines. Organisers reserve the right to ask for proof of age. It is recommended to have a copy of the performer's birth certificate readily available.
- Check your entries thoroughly, and where appropriate, discuss them with your dance teacher. Please understand that if you have made an error with your entries no changes will be made after the entry closing date, or when full, and no refunds for errors will be given.
- Acceptance that all performances will be professionally captured (video recording and/or photographed)
  in whole and that extracts may be used for editorial purposes and/or for the promotion of the Performing
  Arts Challenge forms part of the online entry process.
- These terms and conditions of entry must be read and accepted by a Parent or Guardian of competitors under the age of 18 (as at the first day of competition). Soloists accept these conditions as part of the online entry process.
- The excuse of lack of knowledge of the rules will not be an acceptable reason for the contravention of any rule.
- Entry to this competition and venue is at your own risk. All care will be taken to provide a safe and secure performance environment however the organisers and venue can not be held liable for any potential loss, damage, accident, injury or death that may occur as a result of participation in, or attendance at, this event. This also includes the loss and/or damages that may occur to personal property or vehicles at the venue.
- Any eligible refunds will be minus the non-refundable competitor fee and comps-online fee.

#### **Routines & Restrictions**

- Eligibility and age group of Duo/Trio entries will be decided by the age of the oldest competitor.
- For 2025 regionals we are allowing multiple entries within a genre as follows;
  - o All Solo Sections Maximum of 2 routines may be entered and performed
  - o All Duo/Trio Sections Maximum of 2 genre specific routines may be entered and performed
  - o Petite sections Maximum of 2 genre specific routines may be entered and performed
- Petite section is limited to performers 5 years of age and under.
- Prompting will not be permitted in any section other than Petite or special needs performers.
- Competitors who commence a performance and stop or leave the stage may be permitted to re-start but will not receive a placing and will perform for report only, unless the fault is of a mechanical/technical nature, or otherwise agreed by the Organisers and the Adjudicator.
  - No performer will be penalised for technical difficulties.
- There shall be no repeating of routines no matter the competitor, genre or age group.
  - A costume or performer change does not constitute a new routine.
- OPEN Sections are for competitors who have placed first in a restricted or open section at any eisteddfod, in any group, for the genre in which they have entered.
- PRE-OPEN Sections are for competitors who have not placed first in a restricted or open section at any eisteddfod, in any age group, for the genre in which they have entered. If a restricted dancer chooses to enter an open section, they forfeit the opportunity to dance in the pre-open section for that genre, i.e. a pre-open dancer can only dance in either open or pre-open for a particular genre, not both.
- Stockings are to be worn by all competitors for every routine where briefs are the costume bottom (excludes unitards, shorts & pants etc) no matter if there is a skirt attached to the costume. Failure to adhere to this rule will result in a 5 point deduction to routine scores. This will be closely monitored by event staff.

#### **Music Allowances & Submission**

- Performances are subject to time limits as follows;
  - Solo Dance (All genres) 3 minutes Duo/Trio Dance (All genres) 3 minutes
  - Singing (All genres) 4 minutes
  - Time starts from the first lyric, dialogue or sounds and limits must be adhered to. Music will fade out once the time limit is exceeded. The performer is to finalise their routine and leave the stage in a timely manner.
- Music is to be emailed ahead of the competition start date and <u>no later than 48 hours before the start of</u>
   <u>competition</u>. No music submitted after the deadline will be accepted.

You must name your file as follows;

#### Act#-Genre-CompetitorName-START.mp3 (eg 123-Jazz-JaneDoe-ON.mp3)

Dropbox/Google Drive links are accepted. Files must be correctly named and easily identifiable.

It is essential that you have a backup of music readily available. Music submission will not be accepted at any other time.

• Music not labelled with the correct name will be rejected and resubmission will need to occur with correct naming.

#### **Competitors**

- Competitors should arrive at least 45 minutes prior to the scheduled start of their first session. Individual section times will not be provided.
- Curtains will not be drawn and stage lights will not be dimmed in-between performances. Props and accessories are allowed for all sections. There is a 30 second time limit to set props on stage for solos.
- There is to be no costume or clothes changing within public view. Changing areas will be provided and clearly marked.
- No rosin to be used on the floors.
- No hairspray, deodorants or other aerosol products to be used inside the performance/audience area of the venue.
- No rehearsing is allowed within the audience area or side stage. An area will be allocated for warm up exercises. Please be respectful of the competitor/s on stage and not be a distraction.
- Tap shoes are not to be worn in the venue unless covered with non-slip socks or shoe covers. This is not debatable, do not walk around creating a distraction for competitors, audience members or the adjudicator.

#### **Spectators**

- It is a condition of entry to the venue that there is to be no private videography, photography or audio recording of any kind. Failure to comply with this rule will result in disqualification of the performer and the removal of anyone involved. A separate area for photos will be provided.
- Mobile phones must be turned off or placed on silent when inside the venue.

#### **Improvisation sections**

- Improvisations will be a maximum of 1.5min in length. Each competitor will listen to the chosen music once before dancing on stage.
- Female Clothing Plain, single coloured leotard or crop & undies with plain coloured stockings. Shorts are allowed for hip hop.
- Male Clothing Plain, single coloured t-shirt with white or black leggings or shorts.
- Combining age groups may occur and will be determined from entries received.
- Appropriate footwear according to genre is expected.

## **Point Scoring**

Pearl	Emerald	Ruby	Sapphire	Diamond
<70	71-77	78-85	86-91	92+

## **Awards**

- Prizes will be awarded in accordance with entry numbers per section;
  - 1-3 entries = 1<sup>st</sup> place only,
  - 4-5 entries = 1<sup>st</sup> & 2<sup>nd</sup> places only,
  - o 6 or more entries = 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> places.

Pre-Open Sections	Open Sections	Royale Highest Point Score
1st Place - Tiara* or Trophy	1st Place - Tiara* or Trophy	<b>Award</b> Junior - 7u & 9u
2nd Place - Medal	2nd Place - Medal	Intermediate - 11u &13u
3rd Place - Medal	3rd Place - Medal	Senior - 15u & 16o
Highly Commended - Ribbon	Highly Commended - Ribbon	<u>Top Scorer</u> - Certificate
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Tiaras are awarded at a maximum of 1 per person. Subsequent 1st placings will receive a trophy.
 Highest point score combined age groups may be split subject to entrant numbers.

### **Royale Title - Championships**

1st Place - Tiara, \$100, Winner T-shirt 2nd Place - Tiara, \$50, Runner-Up T-shirt

- Highly Commended awards shall be allocated at the discretion of the Adjudicator.
- The Adjudicator is given the right to withhold any prize where sufficient merit has not been displayed.

# **Royale Title - Championships**

- The Royale Titles Championship is a mixed genre section for age groups 7u, 9u, 11u, 13u, 15u & 16+
- Entrants in the Royale Title Championship will be required to perform in 3 sections;
  - 1. Improvisation 2. Dance Section (eg Jazz, Lyrical, Tap etc) 3. Titles (Combined final)
- To qualify for championships, competitors will need to enter and perform the SAME genre for their chosen section, improvisation and Title routine.
- Entrants are required to perform a new routine in the Titles. No repeats are allowed.
- Royale Title Championship scores are calculated as a total of the scores from the section, improvisation and Title section performances.
- All Royale Title Championship sections will award a winner and runner-up placings.

## **Dance Genre Definitions**

All Genres are available for every age group.

Age groups include 5/u (babies), 7/u, 9/u, 11/u, 13/u, 15/u & 16/o

**Jazz** A routine that consists of current jazz technique performed to a variety of music from old to new.

**Hip Hop** Incorporates all styles of Hip Hop Dance including but not limited to; Isolations, floor work, funk, popping and locking, break dance, rhythm and connection to the music.

Classical & Neo Classical A routine that consists of classical steps and ballet technique using the arms, feet and body to execute graceful, controlled and artistic movements. Routine is to be performed to a classical or contemporary piece of music.

Classical Variation A routine that is a solo dance that follows the choreography from a published Classical Ballet. It can be modified to suit different ages and abilities while still keeping the same feel/dynamics, characterisation and artistry.

**Demi-Character** A routine based on classical ballet technique, to a classical piece of music (no lyrics), where the performer portrays a story utilising mine and acting.

**Contemporary** Incorporating abstract concepts, Contemporary dance explores the dancer's body and range of movement. Use of classical ballet technique, movement of the torso, floor work, change of rhythm, speed and direction is integrated. Choreography is physically intricate and versatile incorporating dynamic and expressive movement, strength and flexibility.

Lyrical The dancer must show an emotional connection between the music and the choreography and the music should contain lyrics.

**Tap (All styles)** Using the sounds from your feet and body percussion in time with the rhythm of the music. No pre-recorded tap sounds are to be used. Styles include, Fast, Slow, Waltz, Straight and Ensemble.

**Variety & Entertainment Sections** Variety - Acro, National Character, Own Choice and Student Choreography. Entertainment - Broadway, Musical Theatre and Song & Dance . This will be adjudicated on performance, technique and stylisation.

**Acro** A routine containing a blend of dance and acrobatic movements. Elements of acro include but are not limited to; contortion, flipping, balance skills, flexibility and strength.

**National Character** A routine that is derived from a folk or traditional dance choreographed to appropriate music with costumes representing the style of the chosen country. Can include Highland and Irish.

**Own Choice** A routine that does not fit the definition of the genres offered. <u>No extra routines of an available genre are allowed to be performed in this category.</u>

**Student Choreography** Must be your own choreography and any style is permitted.

**Broadway** A routine that does not involve singing or miming of lyrics. Should remain focused on performing the song through a vibrant and captivating dance.

**Musical Theatre** A routine performed to music from a Musical Movie or Stage Musical. Should show a combination of dancing and acting, developing the character. Routine must not be an exact replication of a professional or amateur production but should show the suitable choreographic style.

**Song** & **Dance** A routine containing both singing and dancing of equal proportions. Pre-recorded singing or vocals are strictly not permitted whilst competitors are singing. Backing vocals are allowed in the dance section.