Capital Dance Challenge Sections

Solos

- 3 Years & Under Jazz
- 3 Years & Under Classical Ballet
- 3 Years & Under Lyrical
- 3 Years & Under Tap
- 3 Years & Under Musical Theatre/Song and Dance
- 3 Years & Under First Ever Solo
- 4-5 Years Jazz
- 4-5 Years Classical Ballet
- 4-5 Years Contemporary
- 4-5 Years Lyrical
- 4-5 Years Hip Hop
- 4-5 Years Tap
- 4-5 Years Musical Theatre/Song and Dance
- 4-5 Years Own Choreography
- 4-5 Years First Ever Solo
- 6-7 Years Jazz
- 6-7 Years Classical Ballet
- 6-7 Years Contemporary
- 6-7 Years Lyrical
- 6-7 Years Neo Classical
- 6-7 Years Hip Hop
- 6-7 Years Tap
- 6-7 Years Musical Theatre/Song and Dance
- 6-7 Years Own Choreography
- 6-7 Years Acrobatics
- 6-7 Years First Ever Solo
- 8-9 Years Jazz
- 8-9 Years Classical Ballet
- 8-9 Years Contemporary
- 8-9 Years Lyrical
- 8-9 Years Neo Classical
- 8-9 Years Hip Hop
- 8-9 Years Tap
- 8-9 Years Musical Theatre/Song and Dance
- 8-9 Years Own Choreography
- 8-9 Years Acrobatics
- 8-9 Years First Ever Solo
- 9 Years and Under Hand Balancing
- 9 Years and Under Special Star Jazz
- 9 Years and Under Special Star Ballet

- 9 Years and Under Special Star Hip Hop
- 9 Years and Under Special Star Lyrical/Contemporary
- 10-11 Years Jazz
- 10-11 Years Classical Ballet
- 10-11 Years Contemporary
- 10-11 Years Lyrical
- 10-11 Years Neo Classical
- 10-11 Years Hip Hop
- 10-11 Years Tap
- 10-11 Years Musical Theatre/Song and Dance
- 10-11 Years Own Choreography
- 10-11 Years Acrobatics
- 10-11 Years First Ever Solo
- 12-13 Years Jazz
- 12-13 Years Classical Ballet
- 12-13 Years Contemporary
- 12-13 Years Lyrical
- 12-13 Years Neo Classical
- 12-13 Years Hip Hop
- 12-13 Years Tap
- 12-13 Years Musical Theatre/Song and Dance
- 12-13 Years Own Choreography
- 12-13 Years Acrobatics
- 12-13 Years First Ever Solo
- 10-13 Years Hand Balancing
- 10-13 Years Special Star Jazz
- 10-13 Years Special Star Ballet
- 10-13 Years Special Star Hip Hop
- 10-13 Years Special Star Lyrical/Contemporary
- 14-15 Years Jazz
- 14-15 Years Classical Ballet
- 14-15 Years Contemporary
- 14-15 Years Lyrical
- 14-15 Years Neo Classical
- 14-15 Years Hip Hop
- 14-15 Years Tap
- 14-15 Years Musical Theatre/Song and Dance
- 14-15 Years Own Choreography
- 14-15 Years Acrobatics
- 14-15 Years First Ever Solo
- 14 Years & Over Special Star Jazz
- 14 Years & Over Special Star Ballet
- 14 Years & Over Special Star Hip Hop
- 14 Years & Over Special Star Lyrical/Contemporary

- 16 Years & Over Jazz
- 16 Years & Over Classical Ballet
- 16 Years & Over Contemporary
- 16 Years & Over Lyrical
- 16 Years & Over Neo Classical
- 16 Years & Over Hip Hop
- 16 Years & Over Tap
- 16 Years & Over Musical Theatre/Song and Dance
- 16 Years & Over Own Choreography
- 16 Years & Over Acrobatics
- 16 Years & Over First Ever Solo

Duos/Trios

- 10 Years & Under Jazz
- 10 Years & Under Classical Ballet
- 10 Years & Under Contemporary
- 10 Years & Under Lyrical
- 10 Years & Under Hip Hop
- 10 Years & Under Tap
- 10 Years & Under Musical Theatre/Song and Dance
- 10 Years & Under Own Choreography
- 10 Years & Under Acrobatics
- 13 Years & Under Jazz
- 13 Years & Under Classical Ballet
- 13 Years & Under Contemporary
- 13 Years & Under Lyrical
- 13 Years & Under Hip Hop
- 13 Years & Under Tap
- 13 Years & Under Musical Theatre/Song and Dance
- 13 Years & Under Own Choreography
- 13 Years & Under Acrobatics
- 15 Years & Under Jazz
- 15 Years & Under Classical Ballet
- 15 Years & Under Contemporary
- 15 Years & Under Lyrical
- 15 Years & Under Hip Hop
- 15 Years & Under Tap
- 15 Years & Under Musical Theatre/Song and Dance
- 15 Years & Under Own Choreography
- 15 Years & Under Acrobatics
- 16 Years & Over Jazz
- 16 Years & Over Classical Ballet
- 16 Years & Over Contemporary

- 16 Years & Over Lyrical
- 16 Years & Over Hip Hop
- 16 Years & Over Tap
- 16 Years & Over Musical Theatre/Song and Dance
- 16 Years & Over Own Choreography
- 16 Years & Over Acrobatics

Groups

- 10 Years & Under Jazz Small Group
- 10 Years & Under Classical Ballet Small Group
- 10 Years & Under Contemporary Small Group
- 10 Years & Under Lyrical Small Group
- 10 Years & Under Hip Hop Small Group
- 10 Years & Under Tap Small Group
- 10 Years & Under Musical Theatre/Song and Dance Small Group
- 10 Years & Under Acrobatics Small Group
- 13 Years & Under Jazz Small Group
- 13 Years & Under Classical Ballet Small Group
- 13 Years & Under Contemporary Small Group
- 13 Years & Under Lyrical Small Group
- 13 Years & Under Hip Hop Small Group
- 13 Years & Under Tap Small Group
- 13 Years & Under Musical Theatre/Song and Dance Small Group
- 13 Years & Under Acrobatics Small Group
- 15 Years & Under Jazz Small Group
- 15 Years & Under Classical Ballet Small Group
- 15 Years & Under Contemporary Small Group
- 15 Years & Under Lyrical Small Group
- 15 Years & Under Hip Hop Small Group
- 15 Years & Under Tap Small Group
- 15 Years & Under Musical Theatre/Song and Dance Small Group
- 15 Years & Under Acrobatics Small Group
- 16 Years & Over Jazz Small Group
- 16 Years & Over Classical Ballet Small Group
- 16 Years & Over Contemporary Small Group
- 16 Years & Over Lyrical Small Group
- 16 Years & Over Hip Hop Small Group
- 16 Years & Over Tap Small Group
- 16 Years & Over Musical Theatre/Song and Dance Small Group
- 16 Years & Over Acrobatics Small Group
- 10 Years & Under Jazz Large Group
- 10 Years & Under Classical Ballet Large Group
- 10 Years & Under Contemporary Large Group

- 10 Years & Under Lyrical Large Group
- 10 Years & Under Hip Hop Large Group
- 10 Years & Under Tap Large Group
- 10 Years & Under Musical Theatre/Song and Dance Large Group
- 10 Years & Under Acrobatics Large Group
- 13 Years & Under Jazz Large Group
- 13 Years & Under Classical Ballet Large Group
- 13 Years & Under Contemporary Large Group
- 13 Years & Under Lyrical Large Group
- 13 Years & Under Hip Hop Large Group
- 13 Years & Under Tap Large Group
- 13 Years & Under Musical Theatre/Song and Dance Large Group
- 13 Years & Under Acrobatics Large Group
- 15 Years & Under Jazz Large Group
- 15 Years & Under Classical Ballet Large Group
- 15 Years & Under Contemporary Large Group
- 15 Years & Under Lyrical Large Group
- 15 Years & Under Hip Hop Large Group
- 15 Years & Under Tap Large Group
- 15 Years & Under Musical Theatre/Song and Dance Large Group
- 15 Years & Under Acrobatics Large Group
- 16 Years & Over Jazz Large Group
- 16 Years & Over Classical Ballet Large Group
- 16 Years & Over Contemporary Large Group
- 16 Years & Over Lyrical Large Group
- 16 Years & Over Hip Hop Large Group
- 16 Years & Over Tap Large Group
- 16 Years & Over Musical Theatre/Song and Dance Large Group
- 16 Years & Over Acrobatics

Championships

Jazz 12 Years & Under

Jazz 13 Years & Over

Ballet 12 Years & Under

Ballet 13 Years & Over

Tap 12 Years & Under

Tap 13 Years & Over