

The top of the page features a dark, atmospheric background. On the left, the word 'APEX' is written in a large, stylized, metallic font. Below it, the words 'DANCE CHALLENGE' are in a smaller, white, sans-serif font, followed by the tagline 'TAKE IT TO THE TOP' in a similar font. At the bottom of this text block, the phrase 'EMPOWERING DANCERS. ELEVATING EXCELLENCE.' is written in a small, white, sans-serif font. On the right side of the image, a dancer in a black leotard is captured in a dynamic pose, with one leg extended and arms reaching upwards, set against a backdrop of warm, golden light rays.

DANCE CHALLENGE
— TAKE IT TO THE TOP —

EMPOWERING DANCERS. ELEVATING EXCELLENCE.

APEX Dance Challenge

Official Competition Syllabus • Sydney, Australia

DATE: 29th September 2026

Venue: Harvey Lowe Pavillion, Showground Road Castle Hill, NSW,

ADJUDICATOR : TBA

ONE DAY POP UP EVENT ALL AGES SAME DAY

ADMISSION

ENTRY FEES: \$25 per Solo - \$40 per duo/trio/quad - \$15 per Improvisation

ADMISSION: \$30.00 per Adult All Day Pass OR \$20.00 Adult Per Session \$10
Child All Day Pass OR \$5 Per Session

ENTRIES CLOSE 14th SEPTEMBER or until maximum capacity reached.

Late Entries an extra \$10 Per Dance close 20th September.

RULES AND REGULATIONS

Competitors participate at their own risk. No responsibility is accepted for accidents, injury, or loss of property. This applies to all persons present, including competitors.

No smoking or vaping in or around the venue.

All competitors and teachers are responsible for ensuring they have the appropriate insurance and licensing with APRA/AMCOS.

Competition is for amateur performers, and no one earning a full-time wage from performing may enter.

Age is taken as of 1 January 2026. Proof of age may be requested if your age is questioned, and you may risk disqualification.

All entries are non refundable. All entries must be paid by the due date or late fees will incur.

NO PHOTOS OR VIDEOS TAKEN IN THE HALL for child protection. You may film your own child's routine for a gold coin donation only 1 person may video there will be a designated video area set up.

Adjudication is final and will happen at the end of every section. Places will be awarded depending on entries

Program changes

Requests should be submitted before the published deadline; once the final program is issued, changes cannot be guaranteed.

APEX may adjust the program to:

- Combine sections or divide large sections
- Adjust age groups
- Change performance order
- Move routines to the correct category
- Cancel low-entry sections

Conduct

APEX expects respectful behaviour from competitors, teachers, studio owners, parents, guardians, audiences, staff and contractors. Bullying, intimidation, harassment, abuse and deliberately disruptive conduct are not part of this competition.

Backstage Access

Authorised dancers, teachers and approved studio representatives only.

Child Safety

Controlled access, appropriate supervision, reporting pathways and event safety procedures apply.

Prompting

Only allowed in 4/u and 6/u sections

The APEX Idea

Serious competition—without losing the joy of performing.

High standards, positive energy, and an affordable experience—built to help dancers grow.

What you can expect:

- **Fair divisions**—clear levels and categories so dancers can find their place
 - **Professional standards**—run on time, well communicated, well supported
 - **Positive culture**—competitive on stage, respectful everywhere else
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Age Divisions

Age is calculated as of **1 January**. Sections may be combined or divided depending on entries.

4/U	6/U	8/U	10/U
12/U	14/U	16/U	17/O

Sections

Novice - for dancers in their first year of competition

Rising Stars - dancers who have not placed first second or third in any competition

Open - for dancers that have placed 1st in a restricted section

Apex Elite - for dancers who have won open sections 2 or more times in the last 12 months, as well as dancers who train for more than 15 hours each week

Genres:

- Jazz
- Broadway Jazz
- Straight Lyrical
- Acro Lyrical
- Traditional Contemporary
- Commercial Contemporary
- Classical Ballet
- Demi-Character
- Slow/Straight Tap
- Fast Tap
- Waltz Tap
- Anystyle Tap
- Hip Hop
- Musical Theatre
- Song & Dance

- Acrobatics
- Any Style
- Student Choreography
- Improvisation
- Vocal

Maximum 2 entry per dancer per section.

NOTE: not all genres offered at all events one day events will have less genres offered to accomodate the tight time restraints.

Time Limits.

Entry Type	Maximum Time
Solo	3:00
Duo / Trio	3:00
Small Group	4:00
Large Group	5:00

Music

- Upload by the published deadline
- Bring a backup copy
- Use the correct file format and keep content age-appropriate

Props

- Safe, fast to place/remove, and venue-friendly
 - No dangerous items, residue, open flame, glass, glitter or confetti unless approved
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How We Score

100 points. Five dimensions. One complete performance.

Category	Points
Technique	30
Performance	25
Musicality	20
Choreography	15
Overall Impression	10
Total	100

100 points. Your moment.

We score the full performance: how well it’s built, how well it’s danced, and how powerfully it lands on stage.

Beyond the Podium

Recognition for personal achievement as well as placing—so dancers can track progress and celebrate growth. Scores will be made available via a certificate for each dancer,

Score Range	Recognition Level
95–100	APEX Platinum — Outstanding
90–94.99	Platinum — Excellent
85–89.99	High Gold — Accomplished
80–84.99	Gold — Strong
75–79.99	High Silver — Developing
Under 75	Silver — Building

Each competitor will receive their own score card per solo.

Awards With Meaning

1st, 2nd, 3rd will receive medals ribbons for Highly Commended

Special Awards

- Technical Award - recognising the best technical dancer in each age group
- Heart of APEX - rewarding good sportsmanship in each age group
- Costume Awards - at adjudicators discretion
- Highest Point Score Per Age Group

Make the Day Flow

Please Arrive 60 minutes early

Schedules can move. Please review the final program carefully and have dancers ready before their section.

Affordable by Design

Professional competition without unnecessary barriers—built to keep entry costs accessible while maintaining high standards.

What APEX Stands For

The standard behind the stage—values that shape how we run the event and how we treat people.

- **Inclusive** — Every studio deserves to feel welcome.
 - **Affordable** — Competition should remain accessible.
 - **Professional** — Affordable does not mean poorly run.
 - **Positive** — Competition should motivate dancers.
 - **Fair** — Clear rules create better competition.
 - **Exciting** — The event should feel special.
 - **Respectful** — Every person deserves respect.
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